



**American Board
of Family Medicine**

Listening to Our Residents:

Using the ABFM National Resident Survey to
Inform Residency Improvement

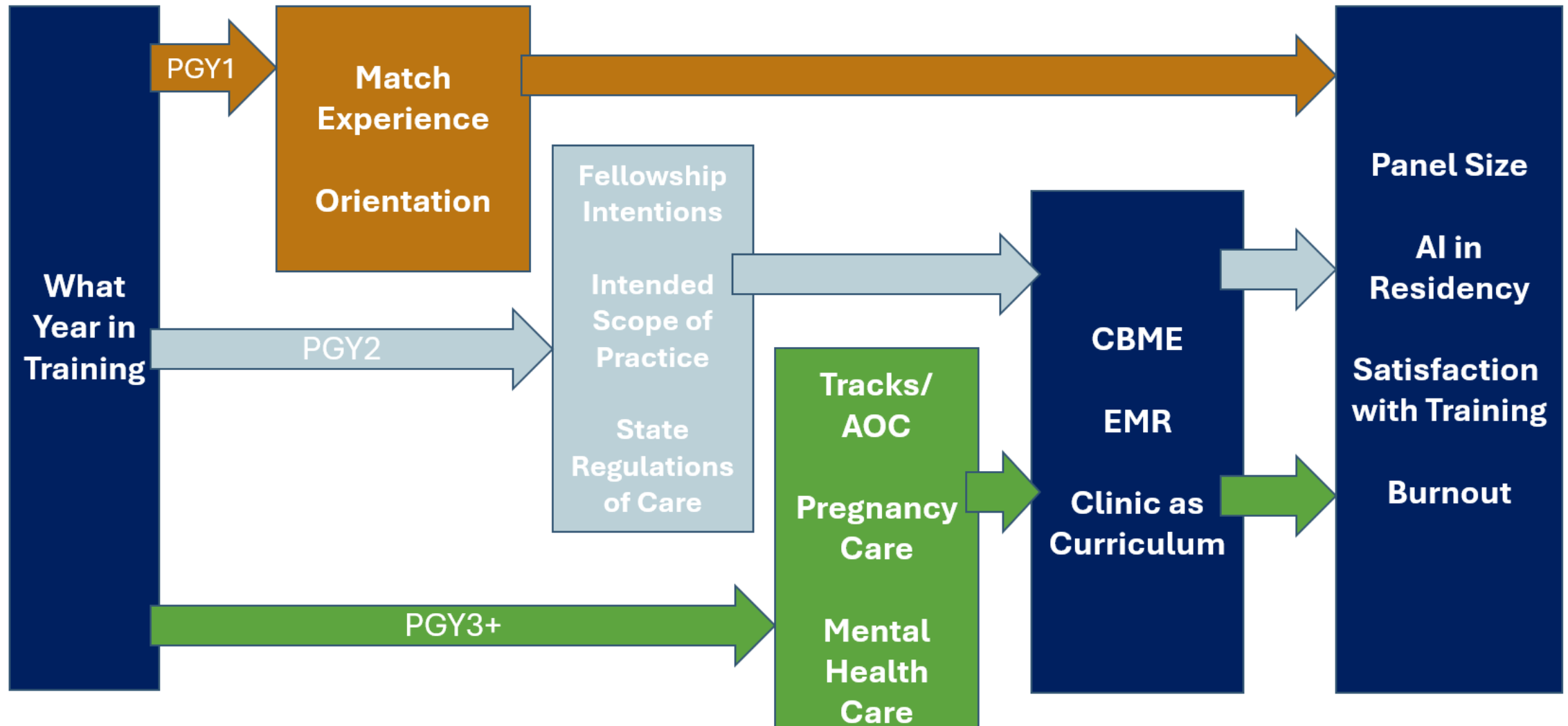
Wendy B. Barr, MD, MPH, MSCE

Lars E. Peterson, MD, PhD

Sarah Owens, MS

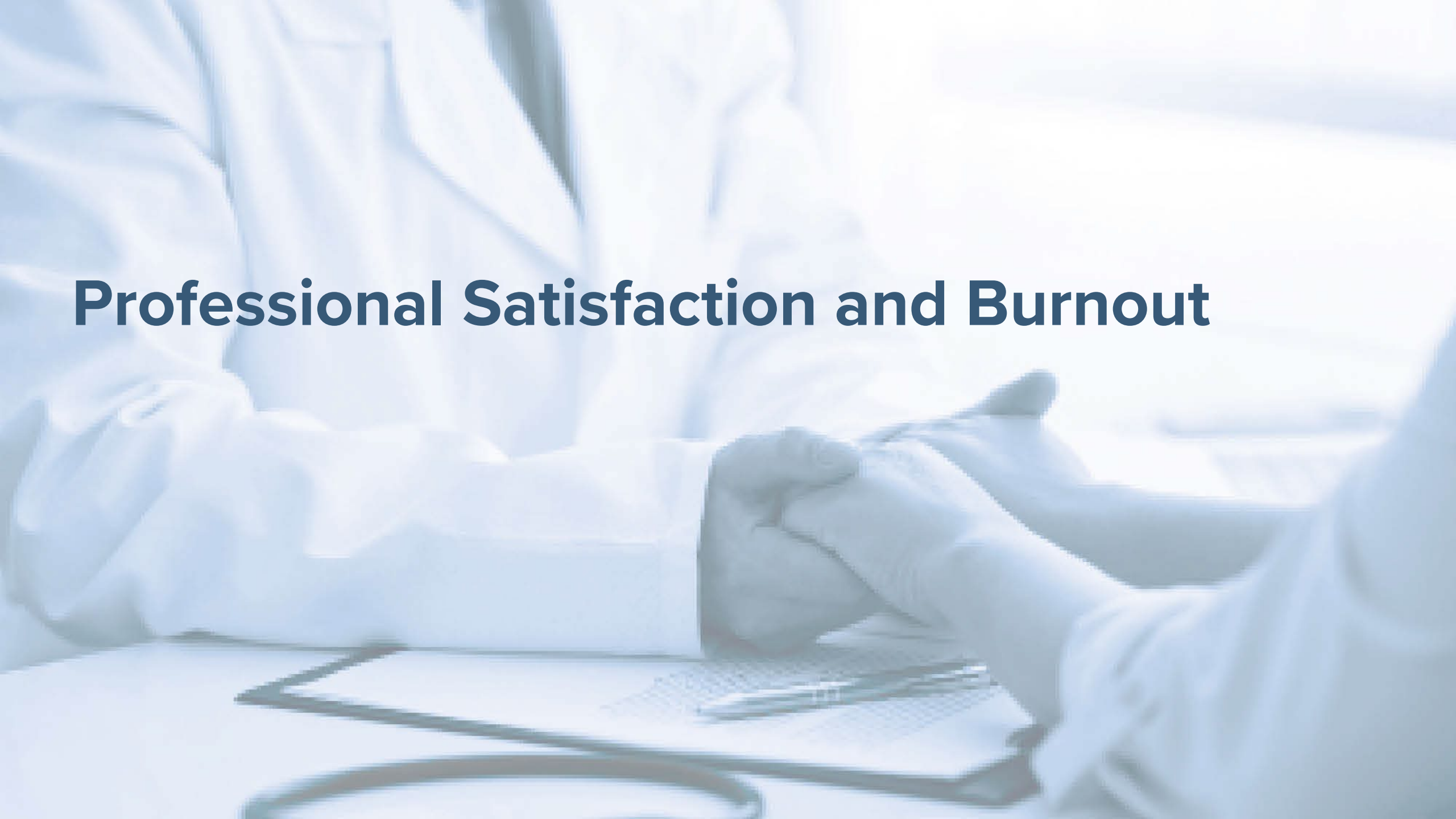


2025 Flow through National Resident Survey



Response Rate for NRS 2025

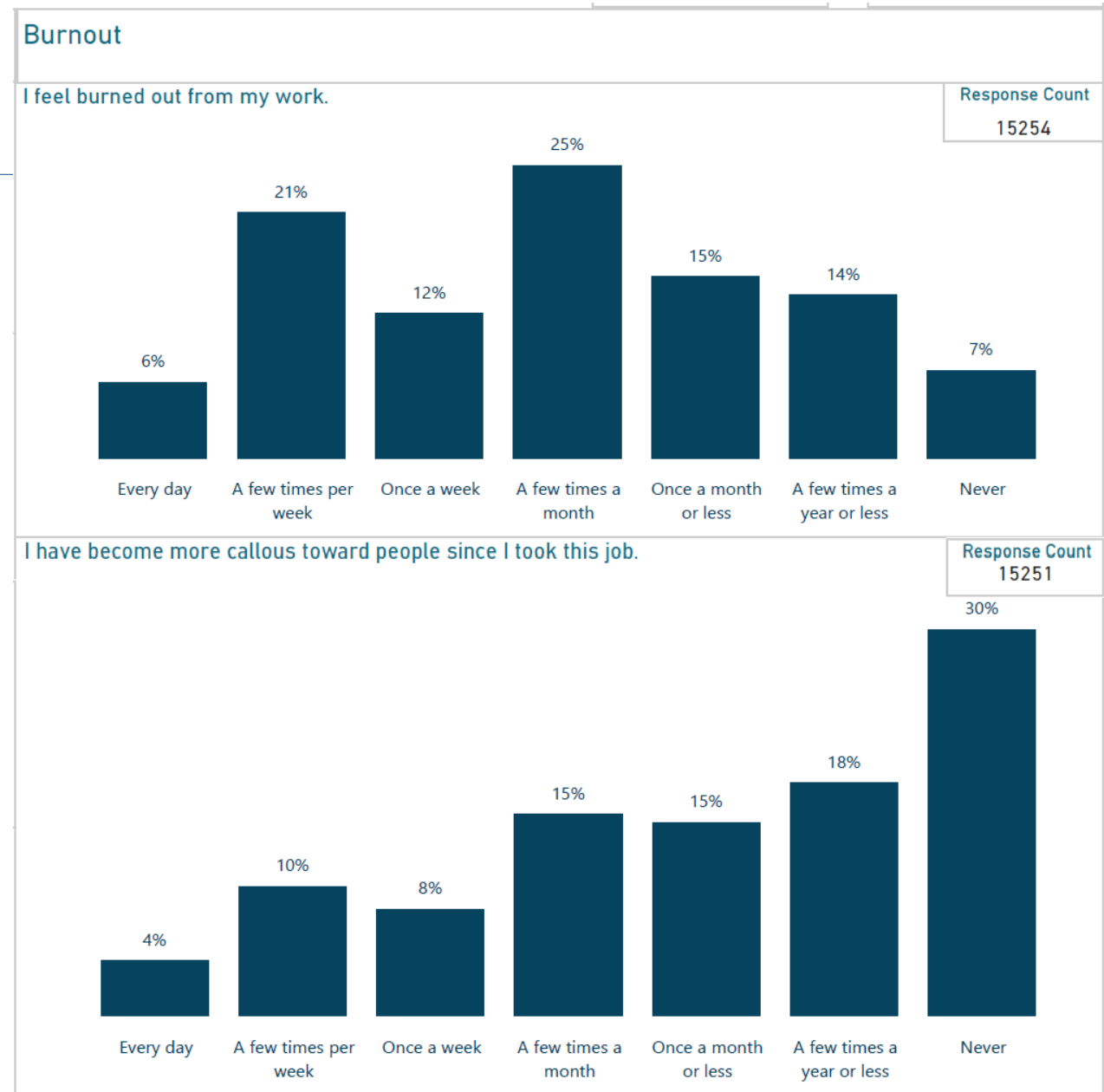
	PGY1	PGY2	PGY3+	Total
Eligible	5393	5057	4874	15,324
Response (%)	5,368 (99.5%)	5,037 (99.6%)	4,853 (99.6%)	15,257 (99.6%)
Completion (%)	5341 (99.5%)	5,014 (99.4%)	4,837 (99.7%)	15,192 (99.1%)



Professional Satisfaction and Burnout

Burnout (All Residents)

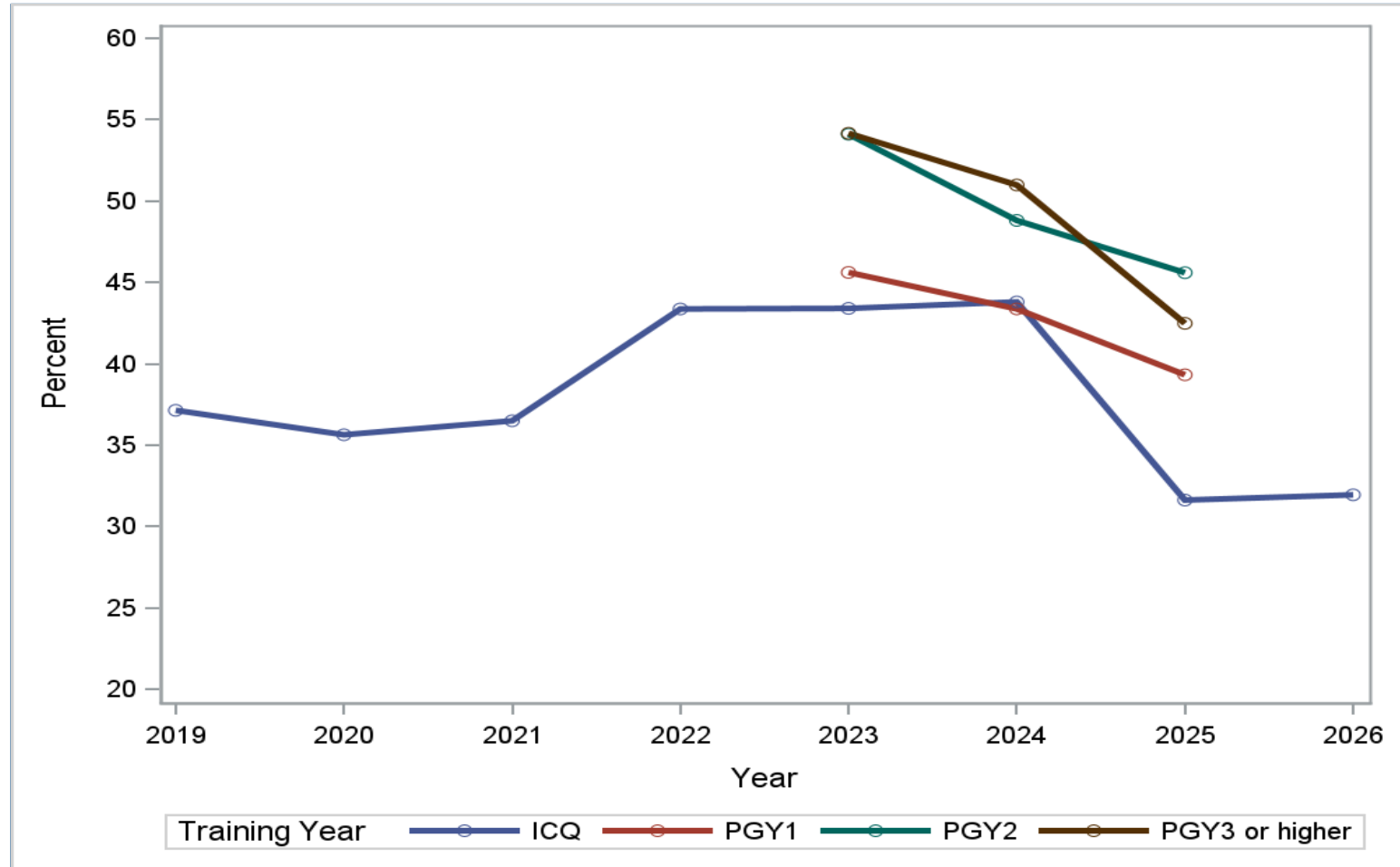
- 36% of all residents report emotional exhaustion (down from 44% in 2024).
- 22% of all residents report callousness / depersonalization (down from 26% in 2024).



Burnout Among Residents

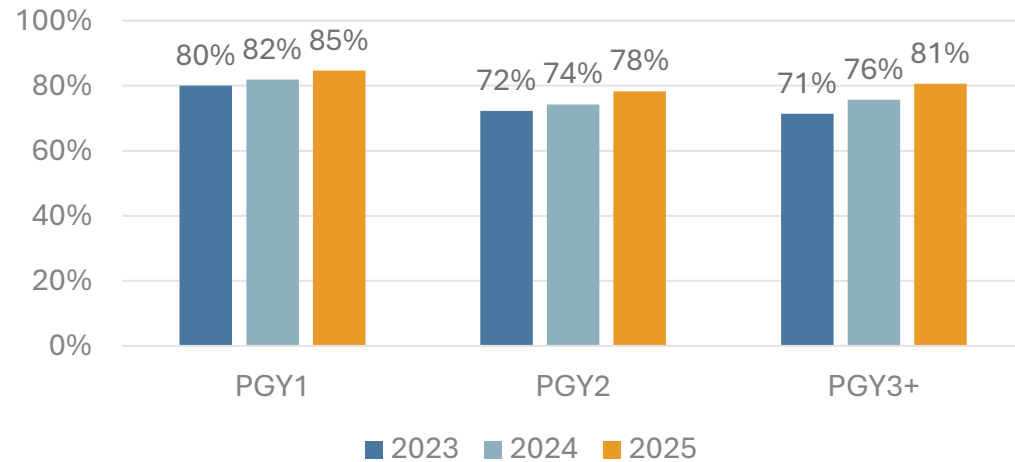
- Percent of residents reporting burnout dropped from 2023 to 2025 in each class.
- Burnout Assessed after an Exam is Higher Than During Examination Registration
- Burnout defined as once a week or more to either of the questions shown on the prior slide.

The Initial Certification Questionnaire (ICQ), is completed by final year residents 3 to 4 months prior to their examination date.

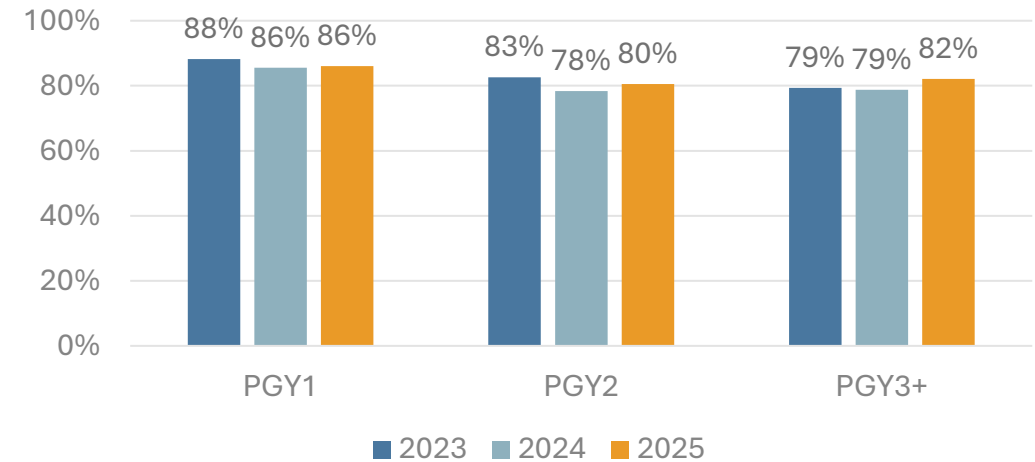


Are you Satisfied?

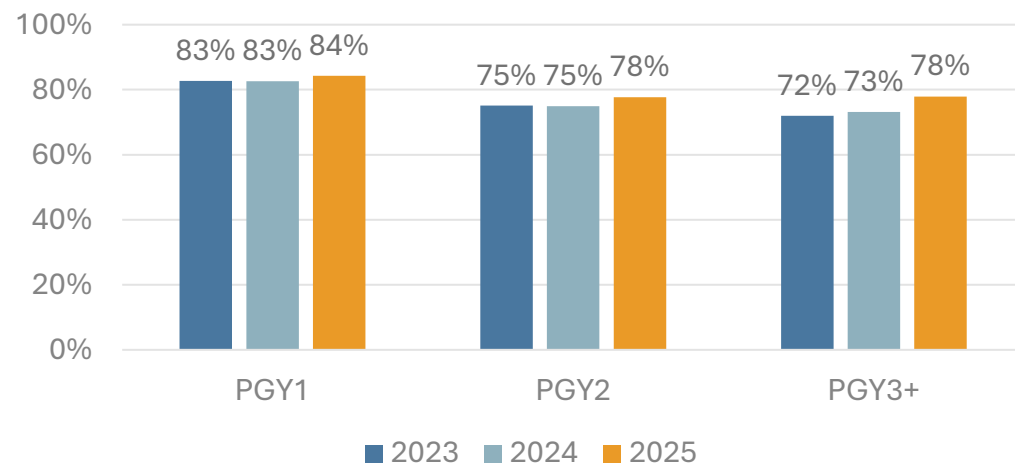
Medicine as a Profession



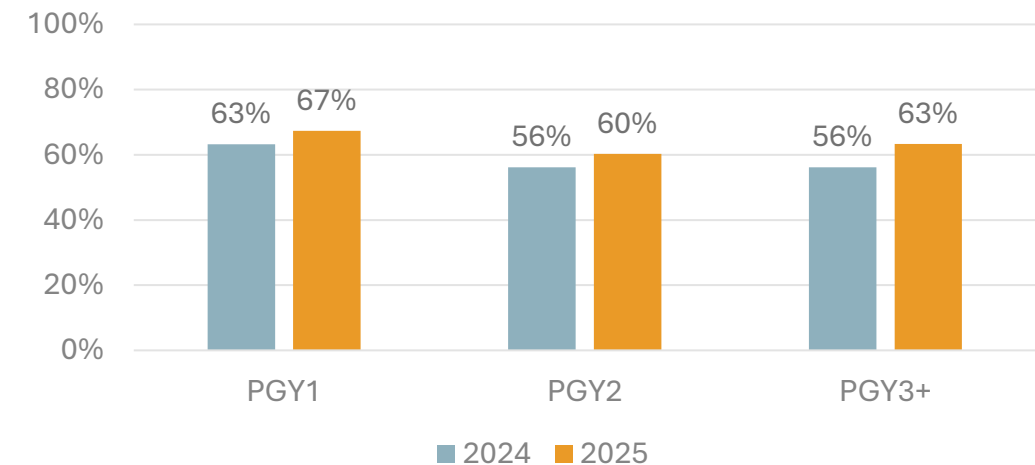
Family Medicine as a Specialty



Residency Training



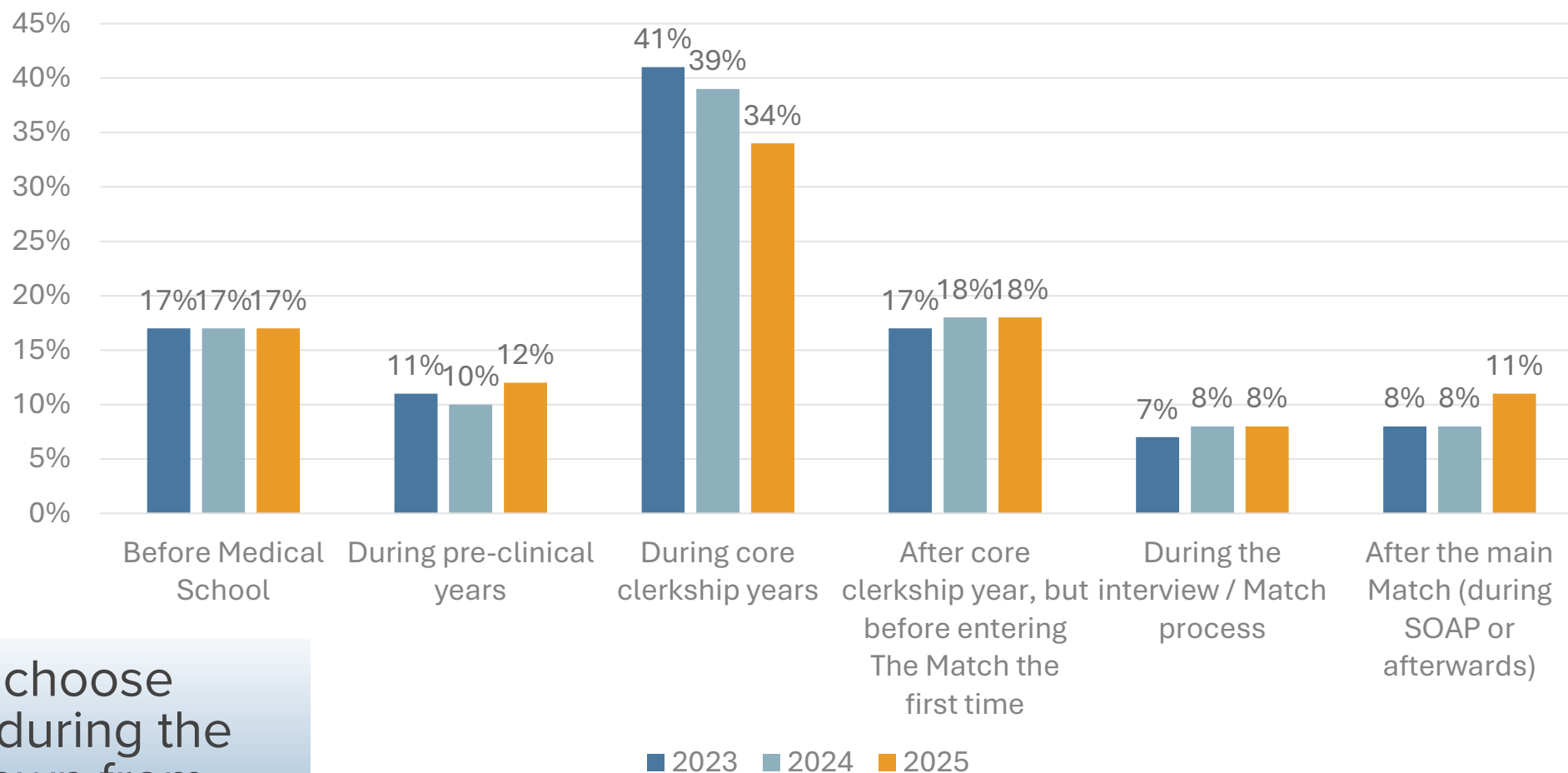
Work Life Balance



Journey to Family Medicine and the Match Process for PGY1 Residents

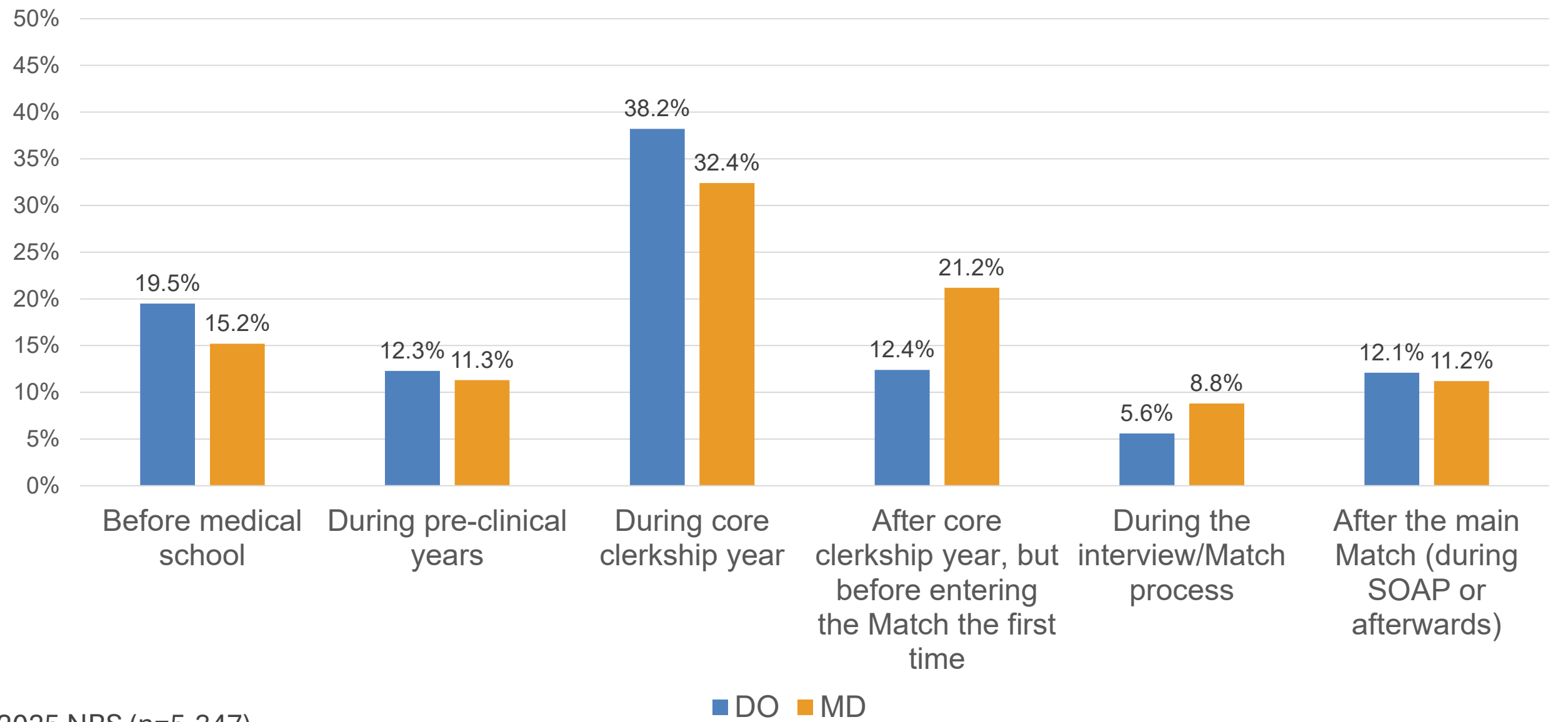


When do FM residents chose FM as their specialty?



34% of residents choose Family Medicine during the clerkship year (down from 39% in 2024).

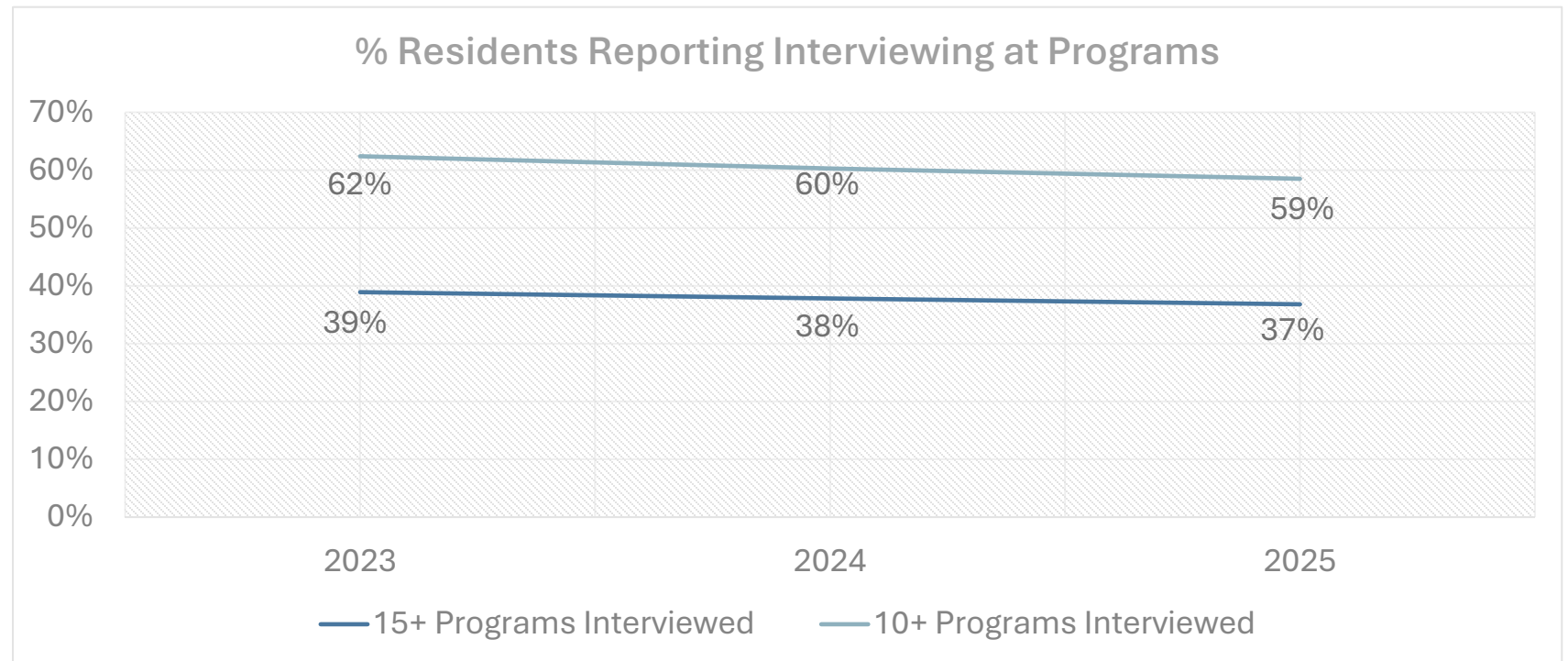
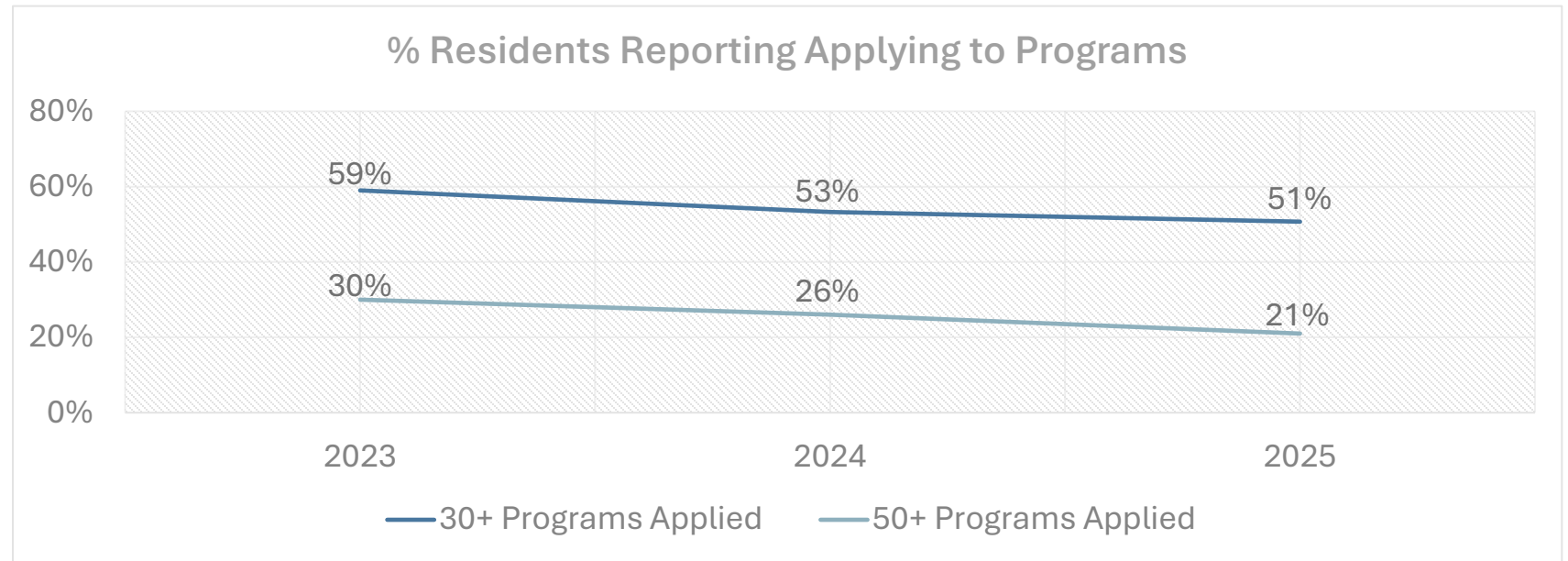
Osteopathic Residents Choose FM Earlier



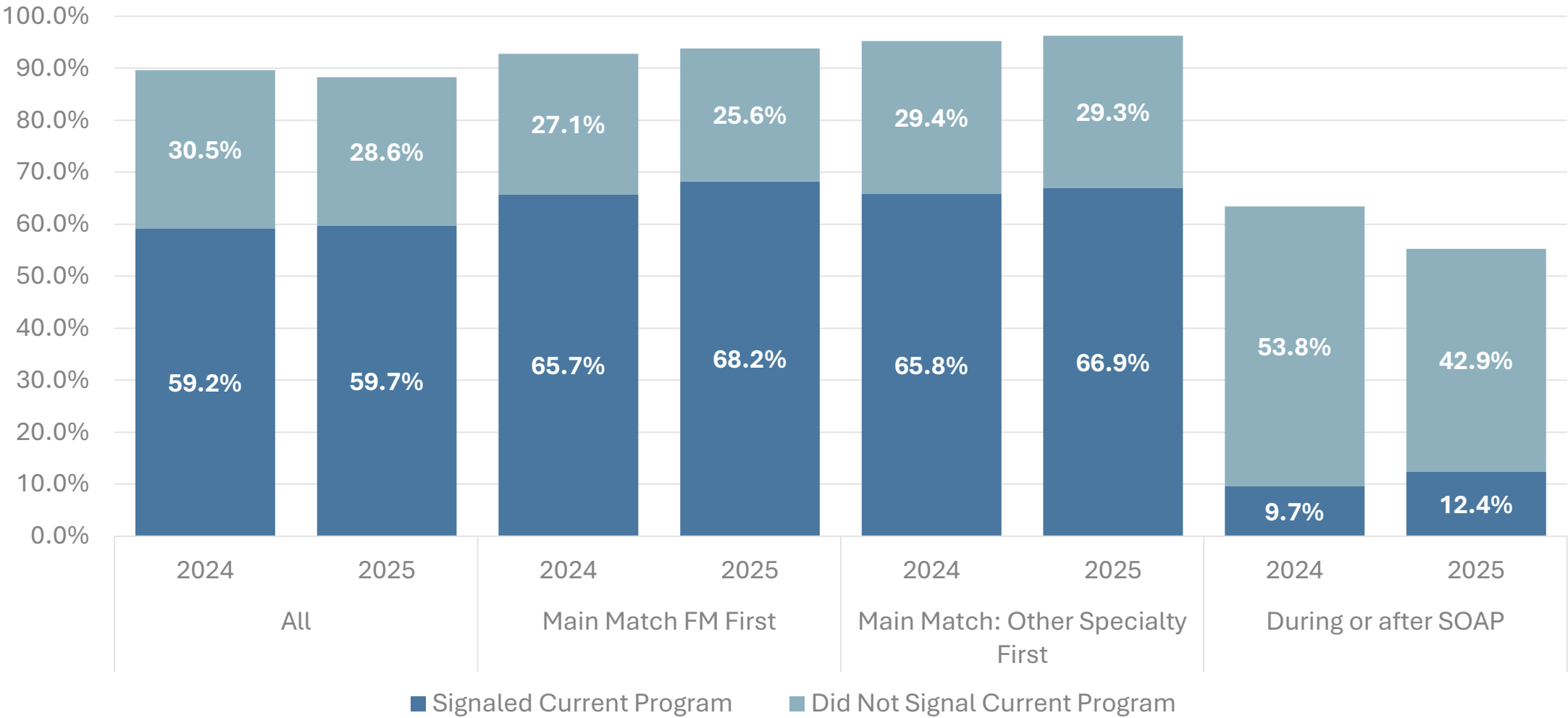
Application Fever

PGY1 Family Medicine Residents

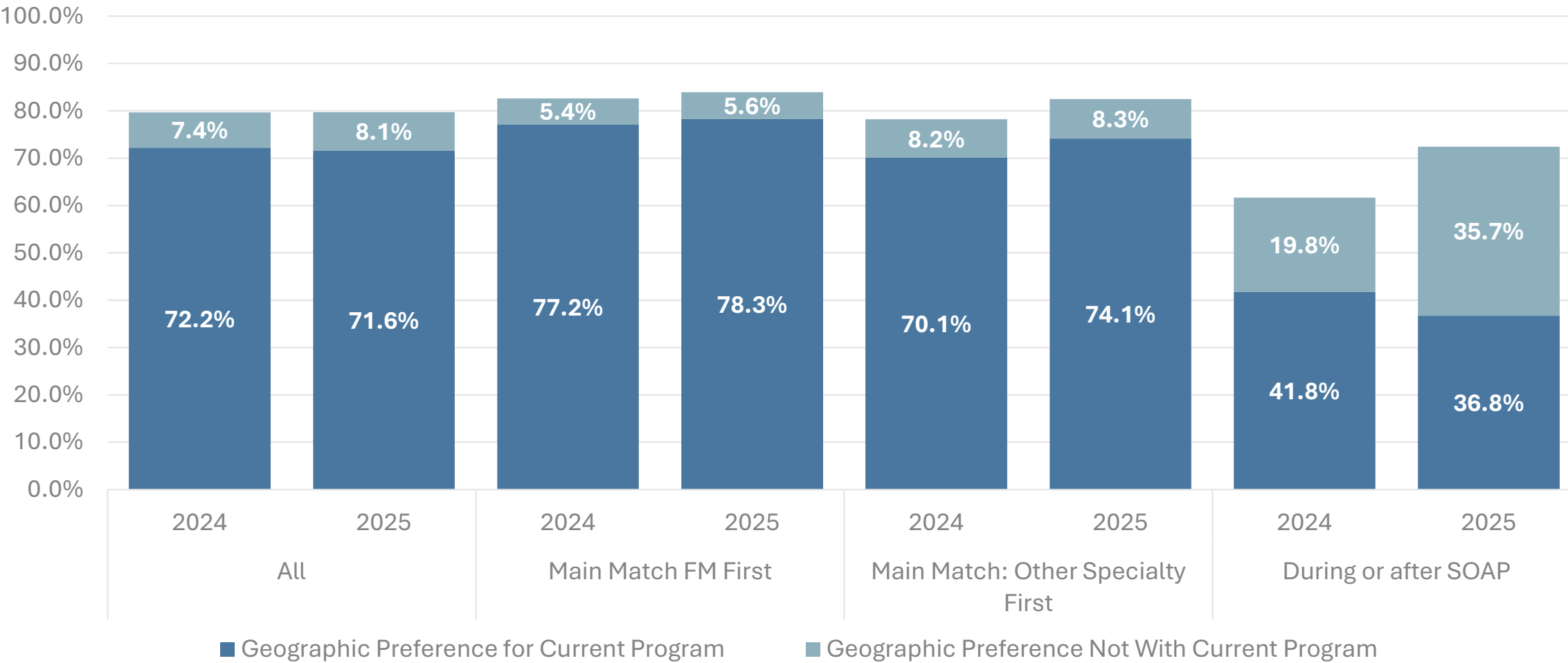
- There is a significant and meaningful decrease in applications
- There is only a slight decrease in interviews



Proportion of R1 FM Residents Reporting Using Program Signals by How They Matched

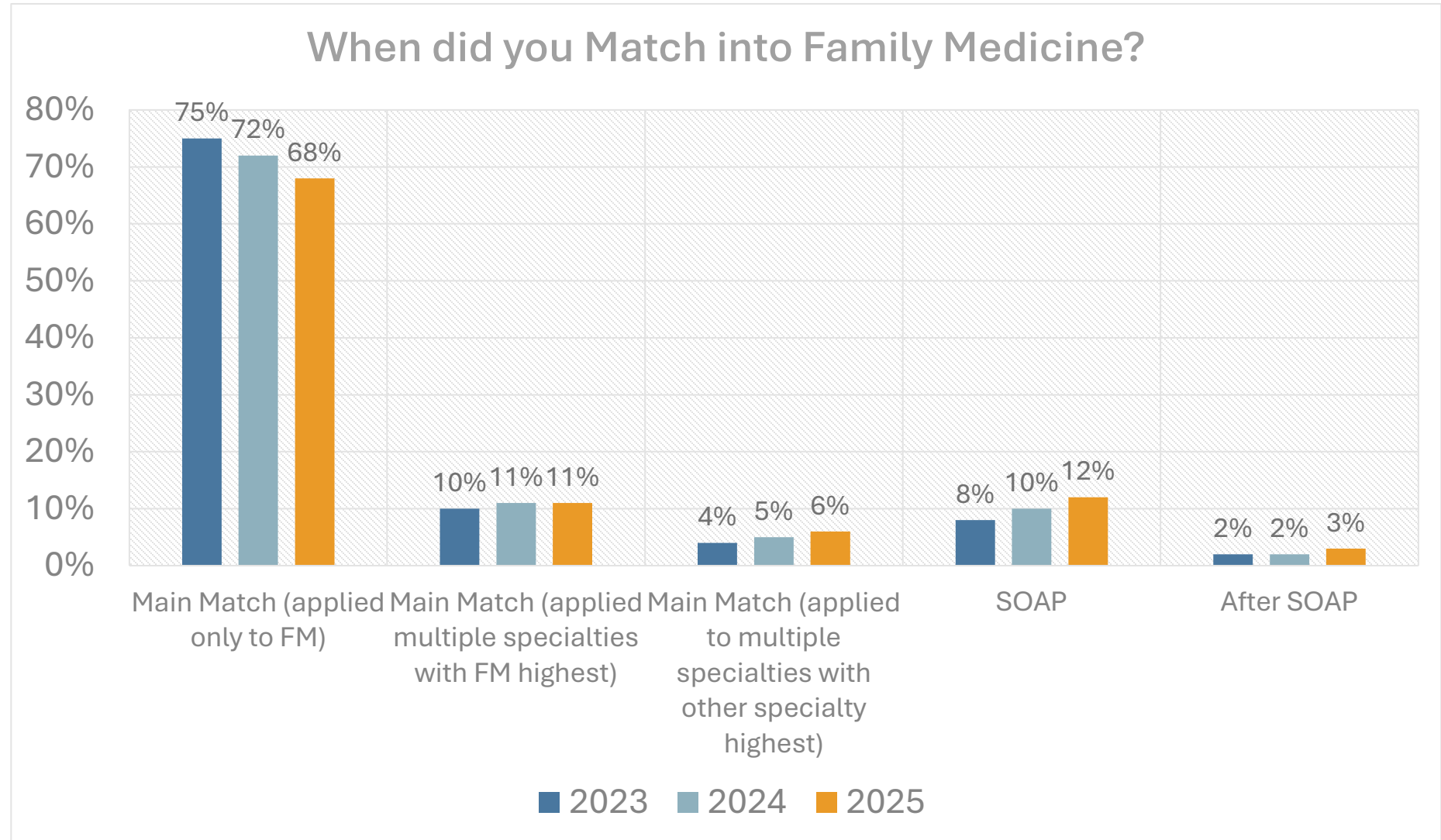


Proportion of R1 FM Residents Reporting Using Geographic Preferences by How They Matched



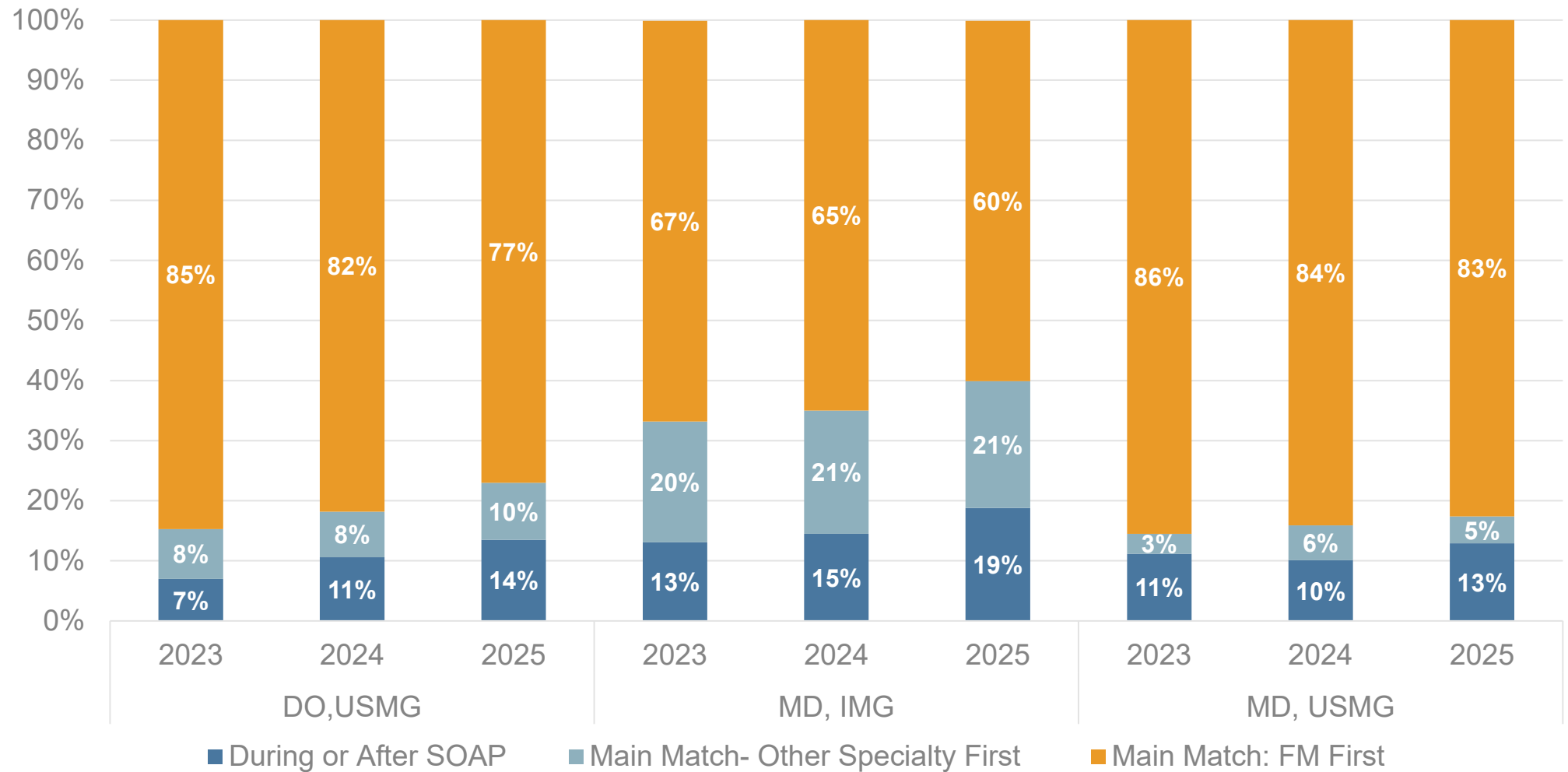
Match Process Into Family Medicine

- 68% entered in the Main Match, only applying to FM (compared to 72% in 2024)
- 15% entered in SOAP or afterward (compared to 12% in 2024).



Match Process into Family Medicine by Applicant Type

The decrease in residents reporting choosing FM first in the Main Match is seen in DO and IMG residency and less in US MD residents.

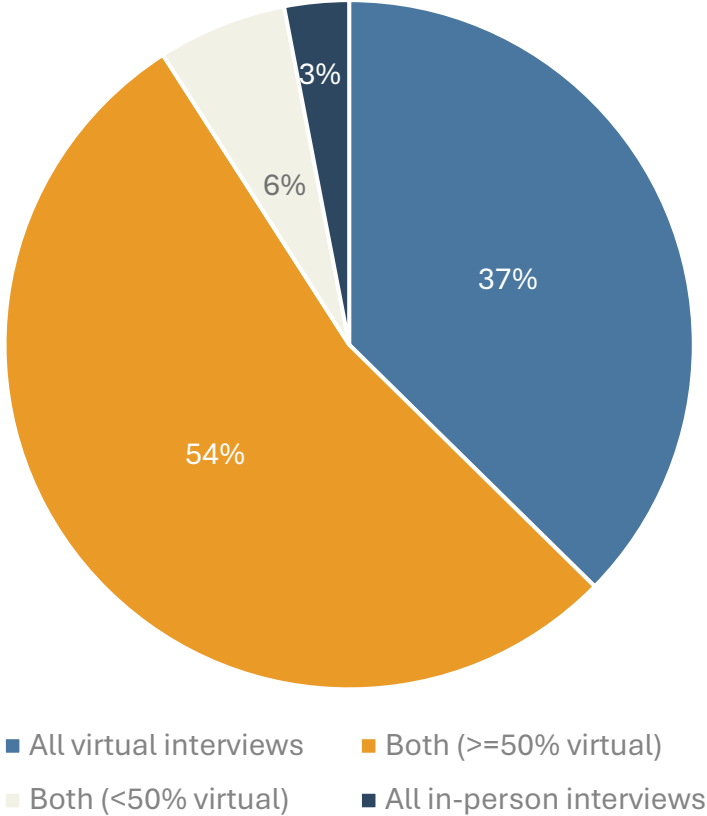


Student Interest in 4 Year Programs

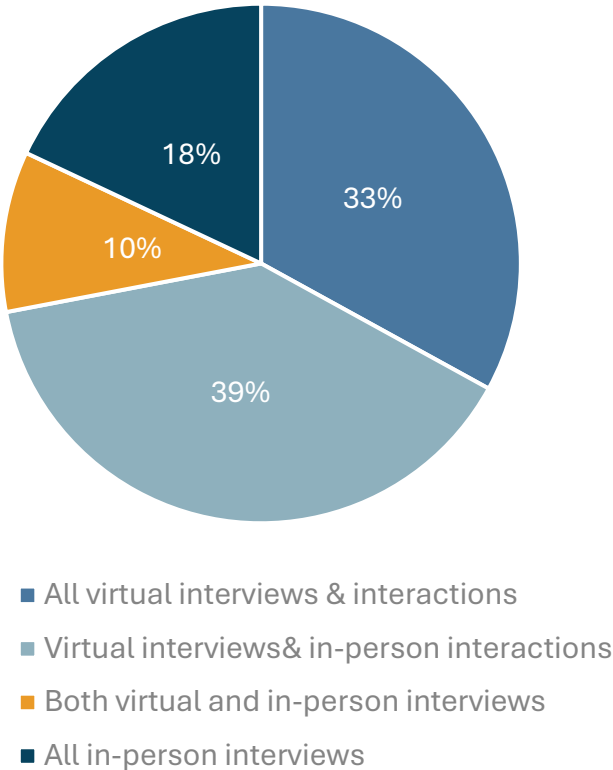
- 15% of PGY1 FM Residents reported applying to a 4 Year Family Medicine Residency (compared to 16% in 2024).
- There were 7 four-year programs in this match cycle.

In-Person Versus Virtual Interview

Type of Interviews



Type of Interview and Program Interaction with Current Program

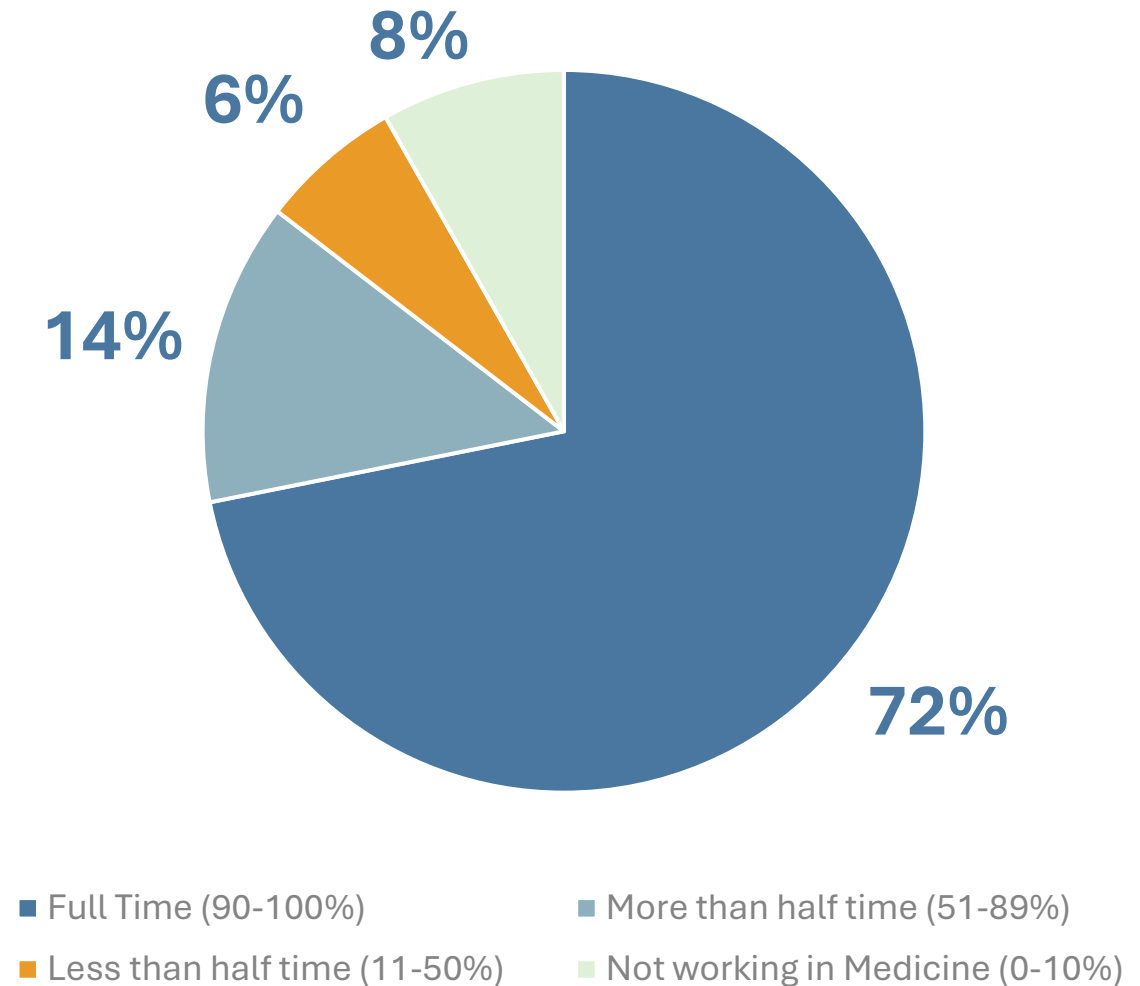


A photograph of two medical professionals in white lab coats. One person is standing and leaning over a desk, while the other is seated at the desk. They are both looking at a document. A stethoscope is visible on the desk in the foreground. The image has a light blue tint.

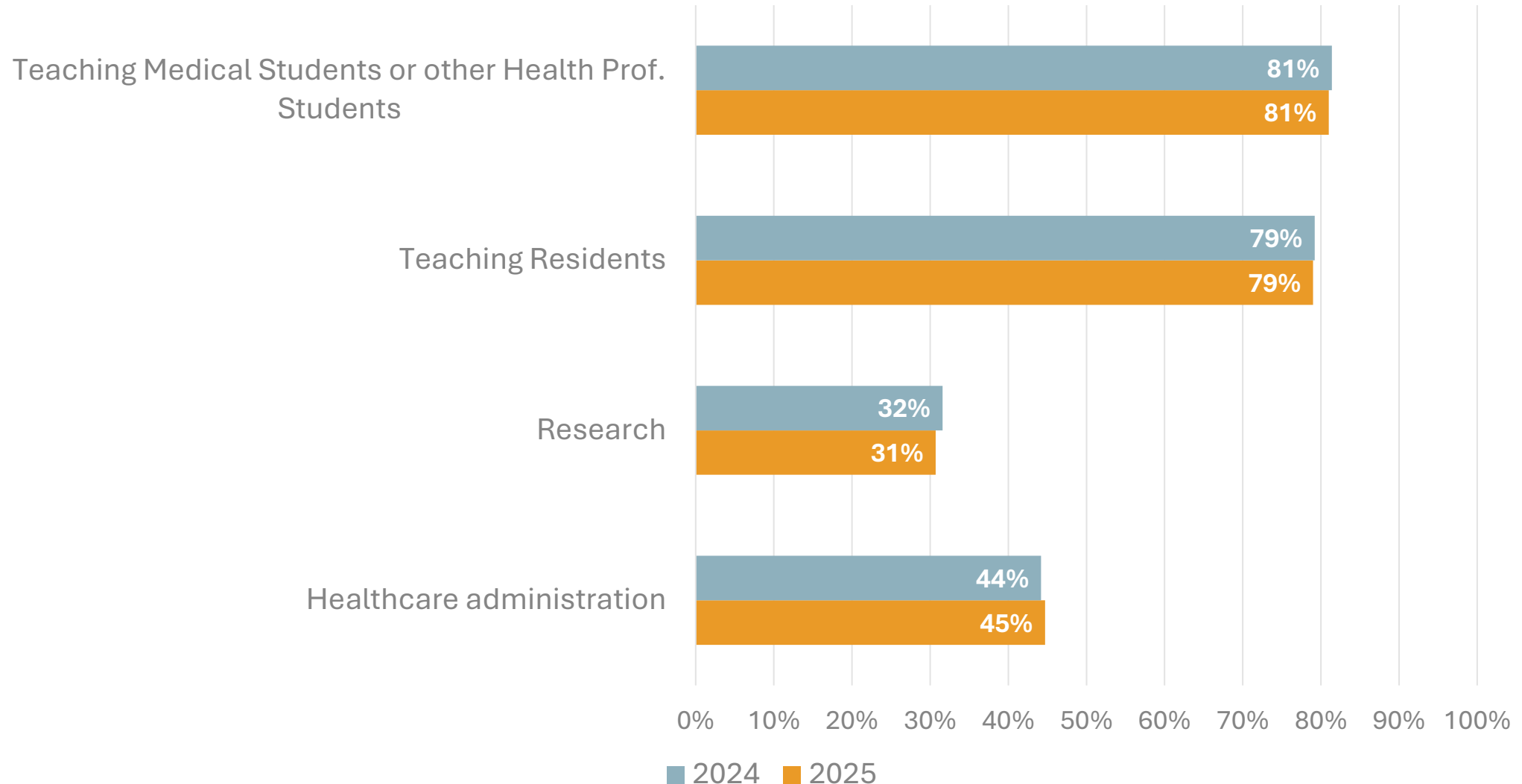
Planned Scope of Practice of PGY2 Residents

Practice Intentions for PGY2 Residents

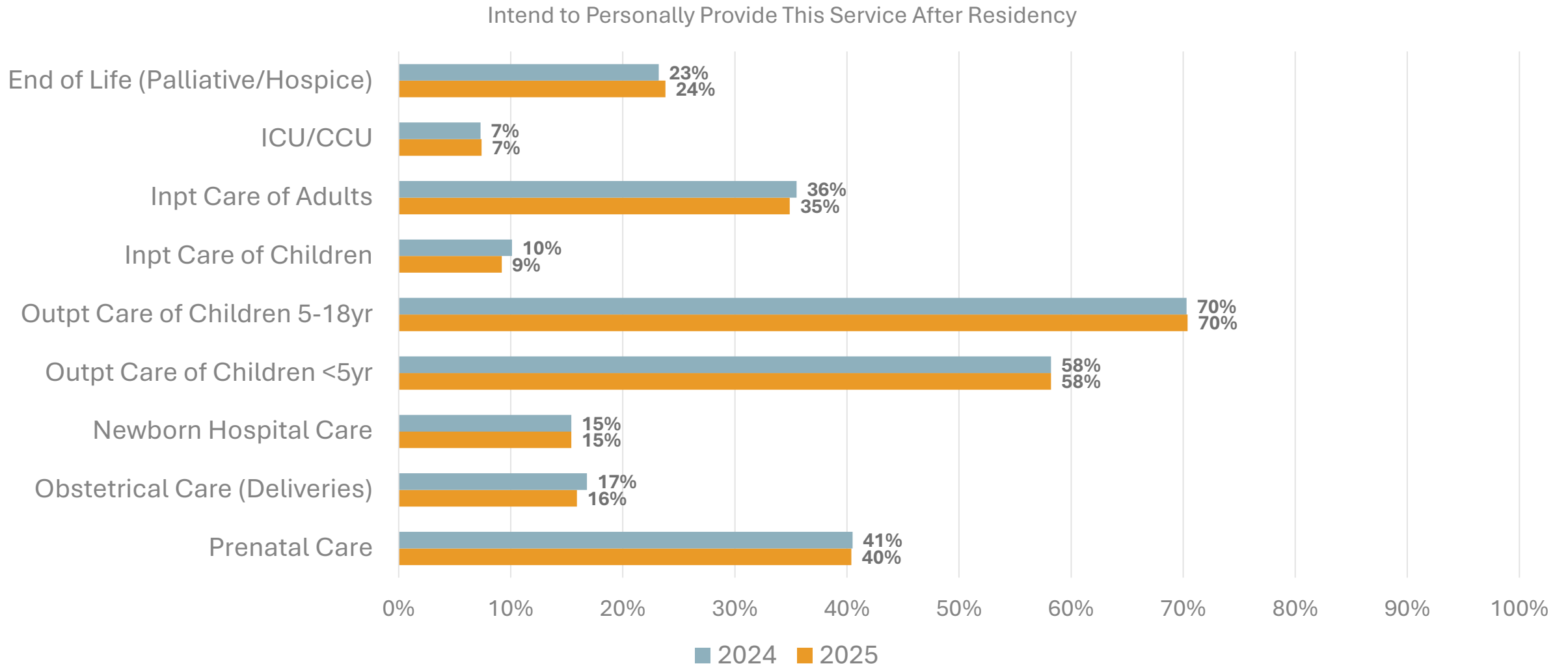
- 91% intend to practice outpatient continuity care
- 63% plan to be in one position
- 72% plan to work full time
 - 8% do not plan to work in clinical medicine!



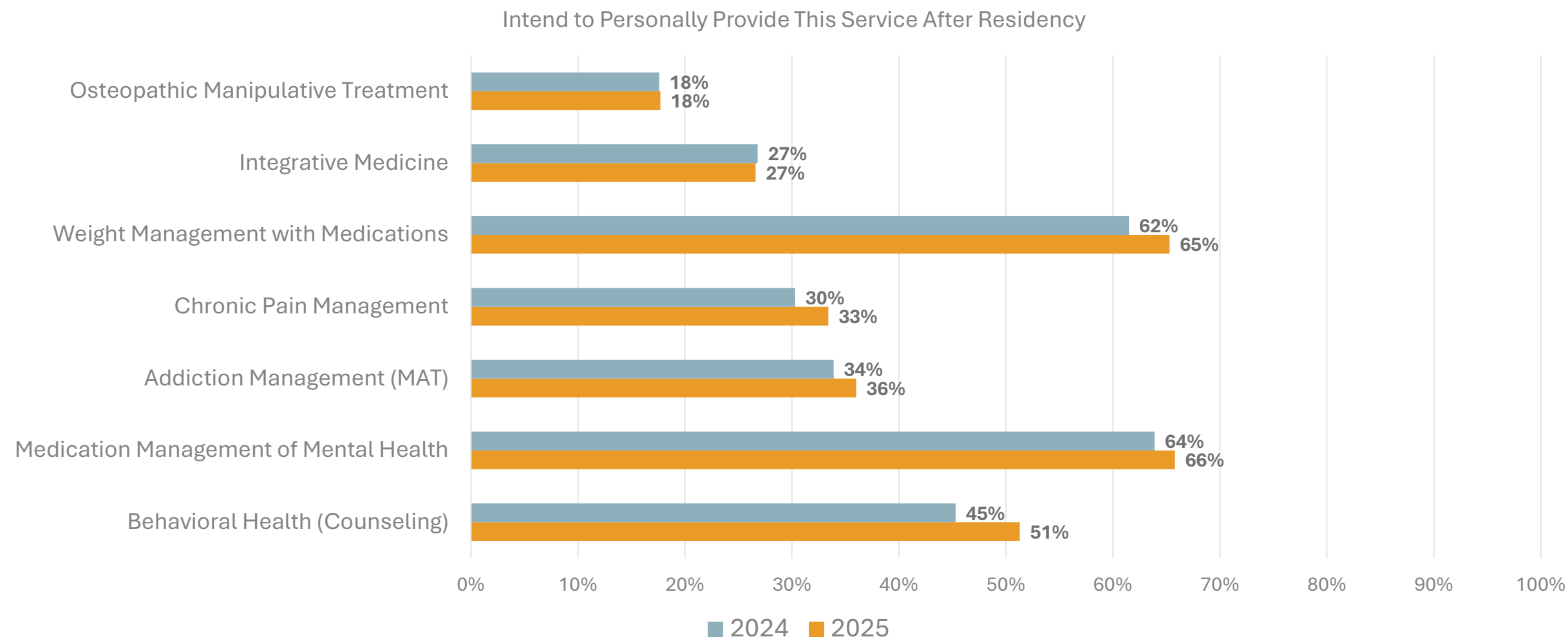
Future Academic Plans of PGY2 Residents



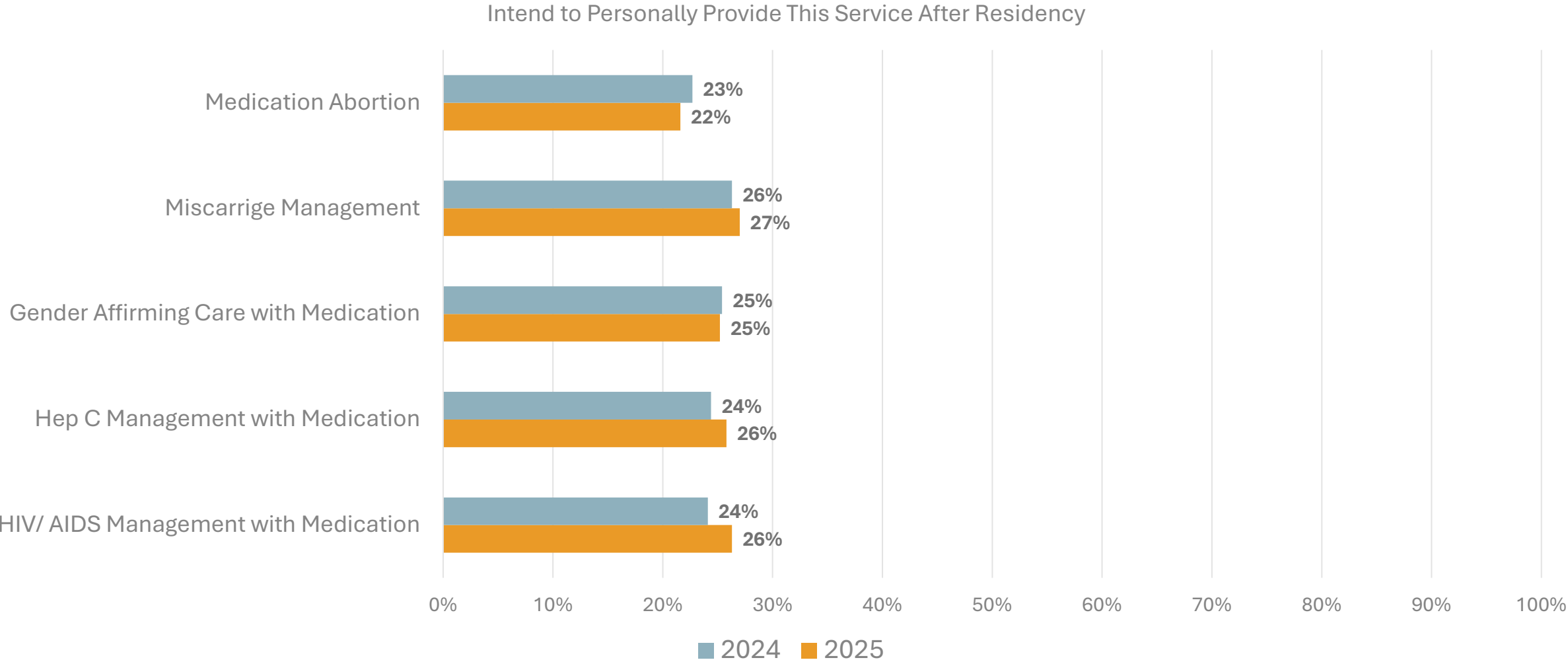
Age and Locations of Care



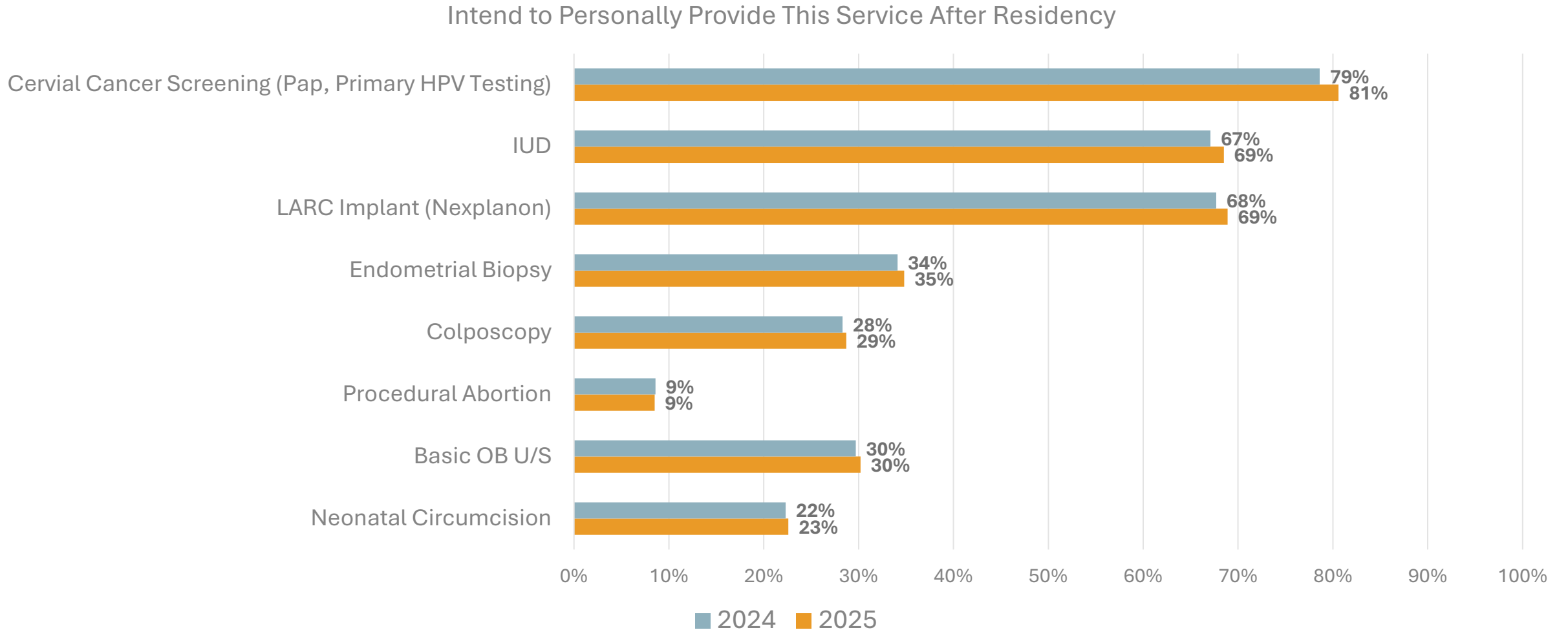
Behavioral Health and Chronic Disease Management



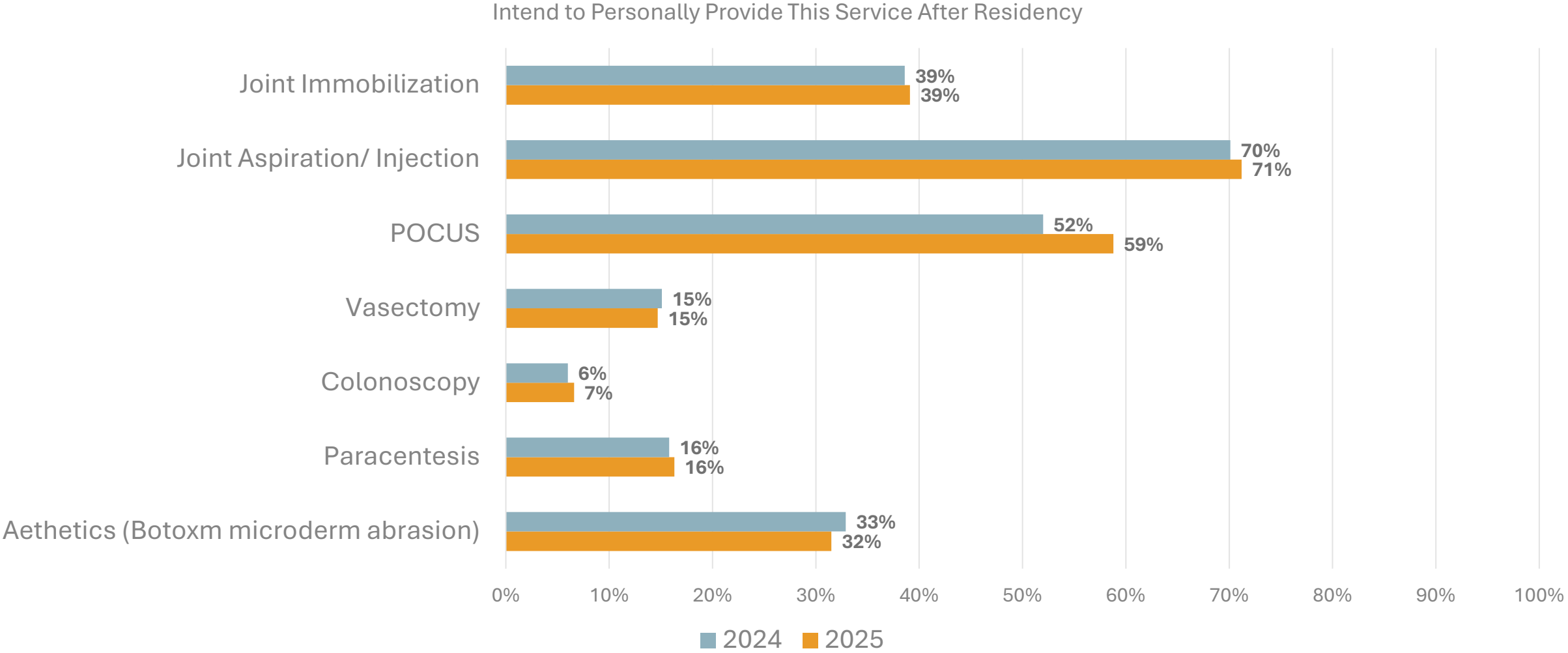
Condition Specific



Women's Health and Newborn Procedures



Other Procedures



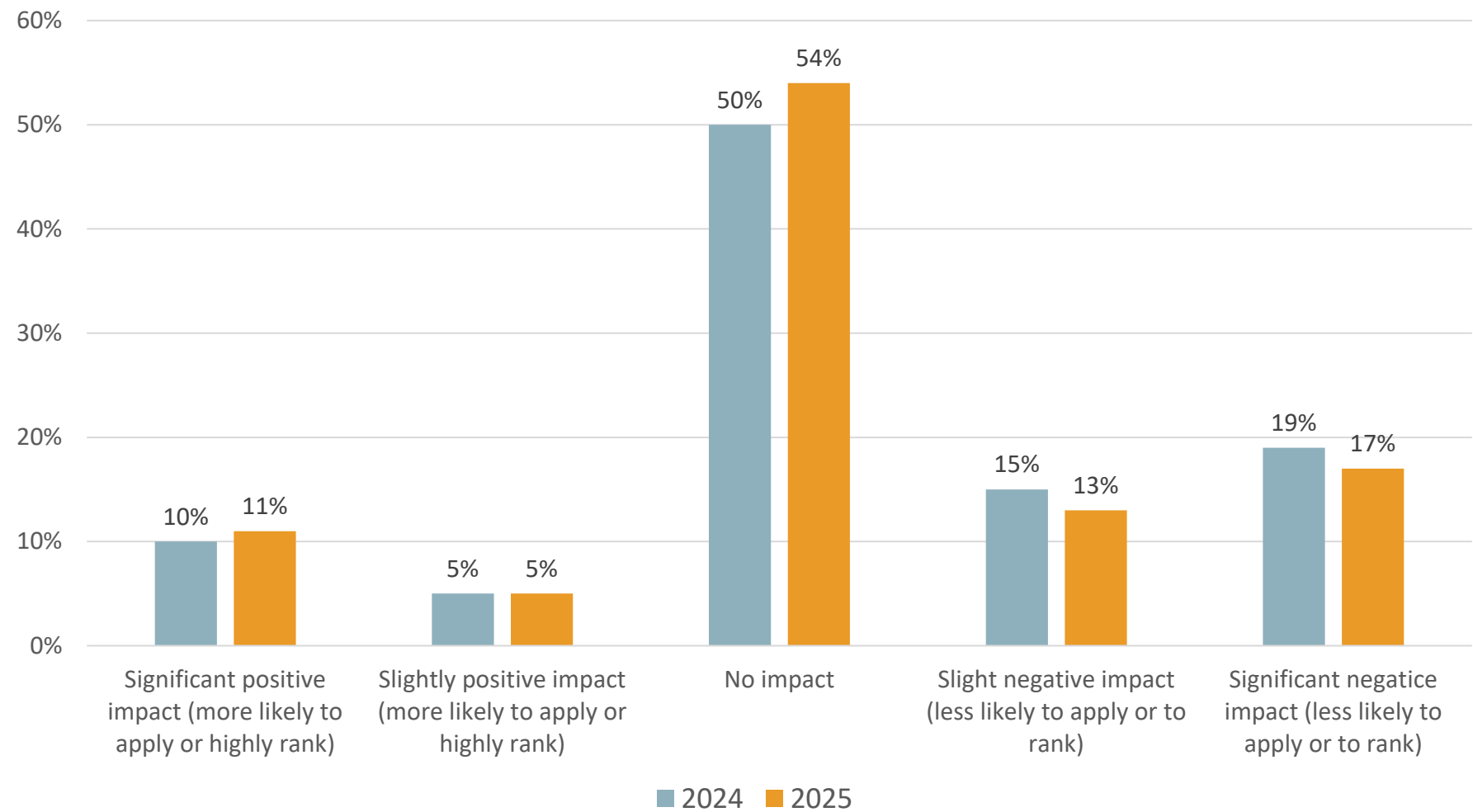
PGY2 Resident Participation in Areas of Concentration/Tracks

- 64% of residents report **not** participating in an AOC or track (compared to 68% in 2024)
- Most common AOCs (5% or more): hospital medicine, sports medicine, advanced maternity care, rural health
- 20% of PGY3+ residents report planning to complete new ACGME requirements for intrapartum pregnancy-related care and vaginal deliveries (compared to 23% in 2024)

Impact of State Restrictions on Medical Practice

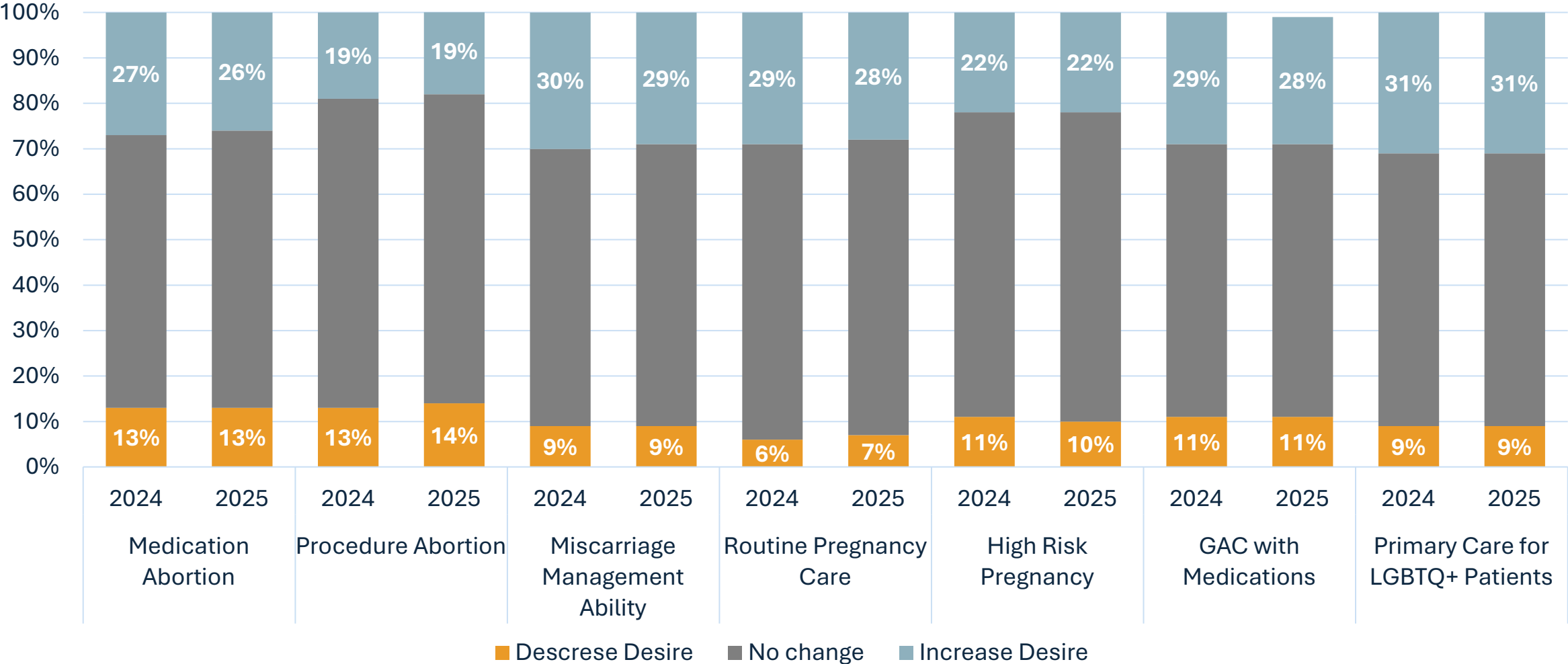


Impact of State Restrictions on Medical Practice (such as abortion or gender affirming care) on Residency Applications and Ranking

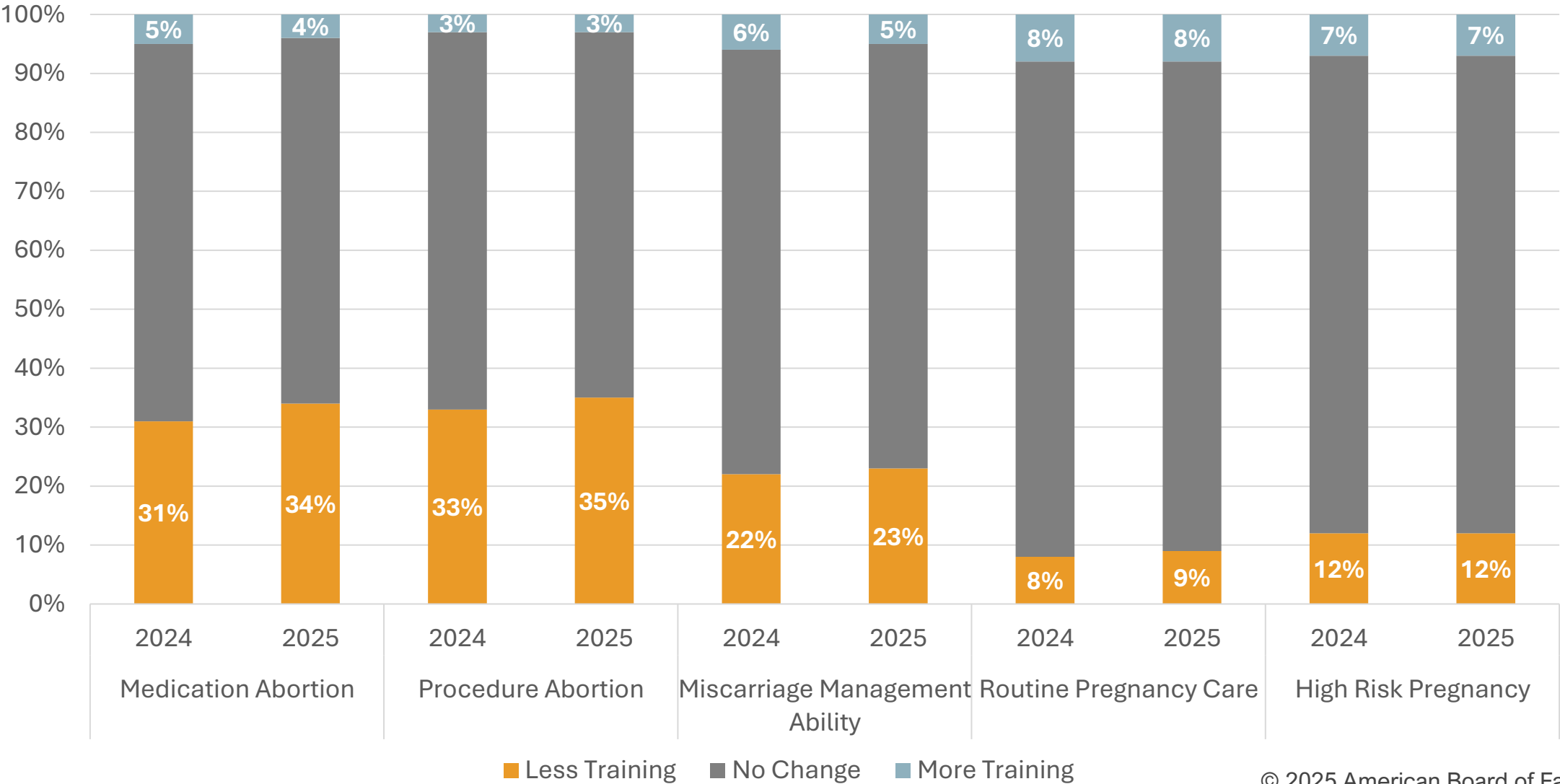


30% of residents state that they were less likely to apply and/or rank programs in states with restrictions on medical practice

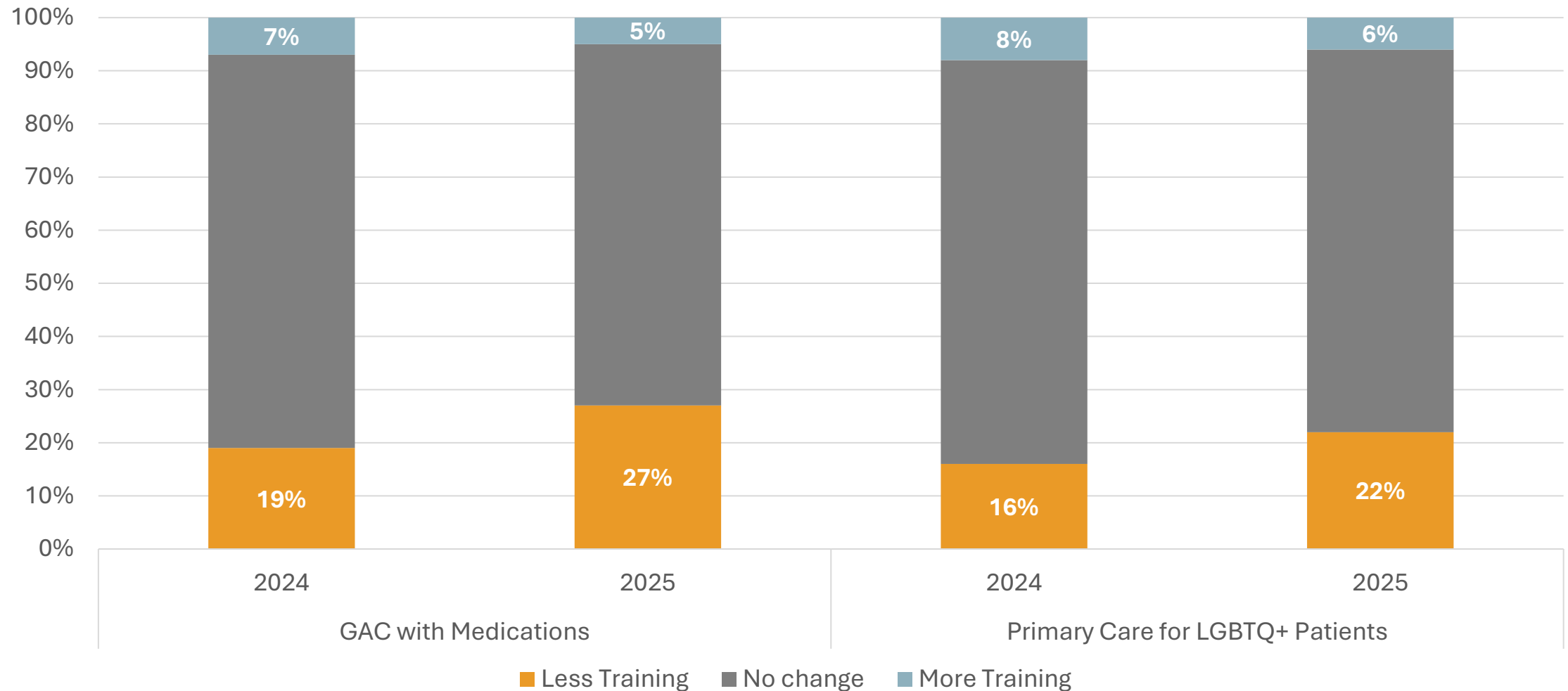
Impact of State Restrictions on Desire for Training in Pregnancy Care and LGBTQ+ Care for PGY2 Residents



Impact of State Restrictions on Ability to Obtain Training in Pregnancy Care for PGY2 Residents



Impact of State Restrictions on Ability to Obtain Training for LGBTQ+ Patient for PGY2 Residents

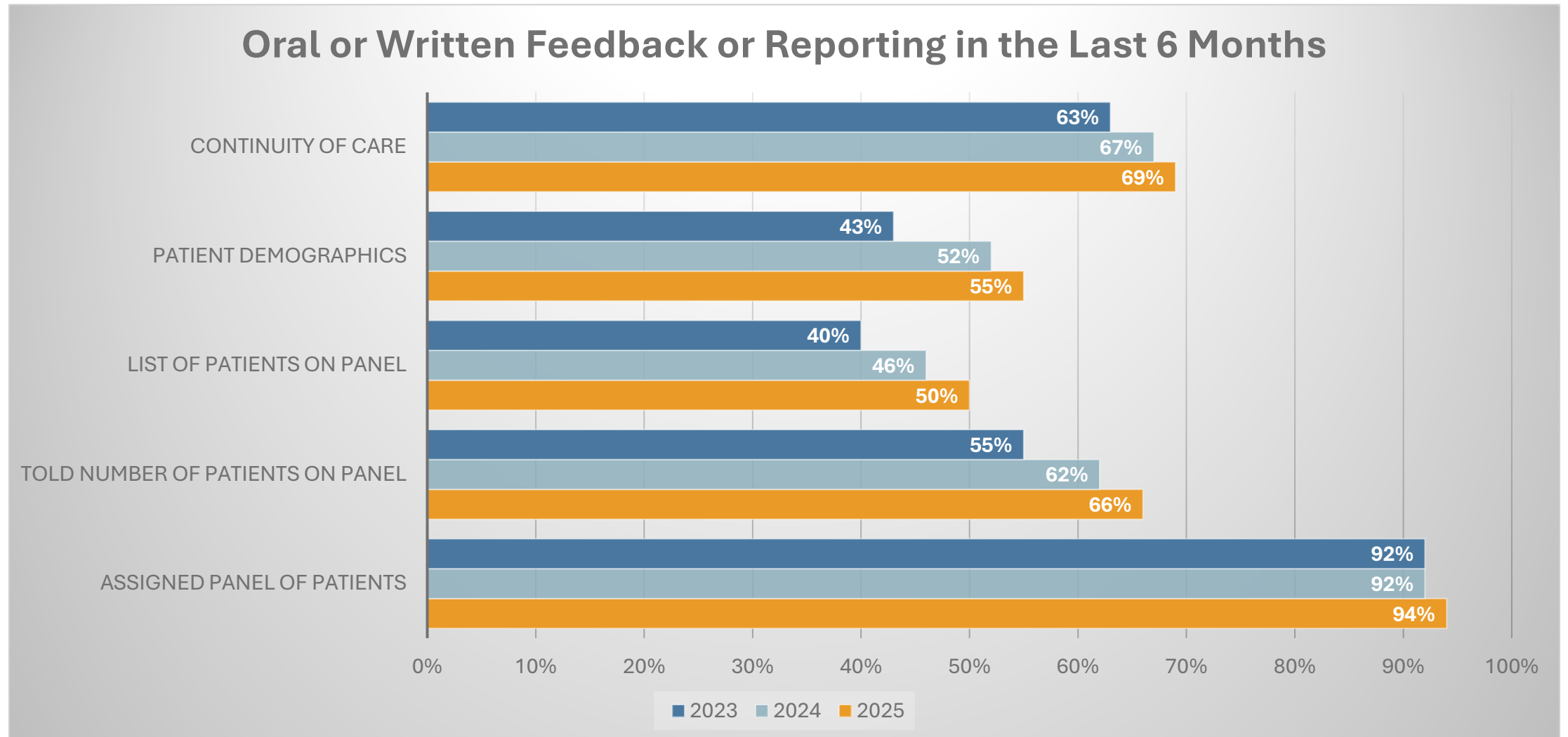




Continuity Clinic Experience

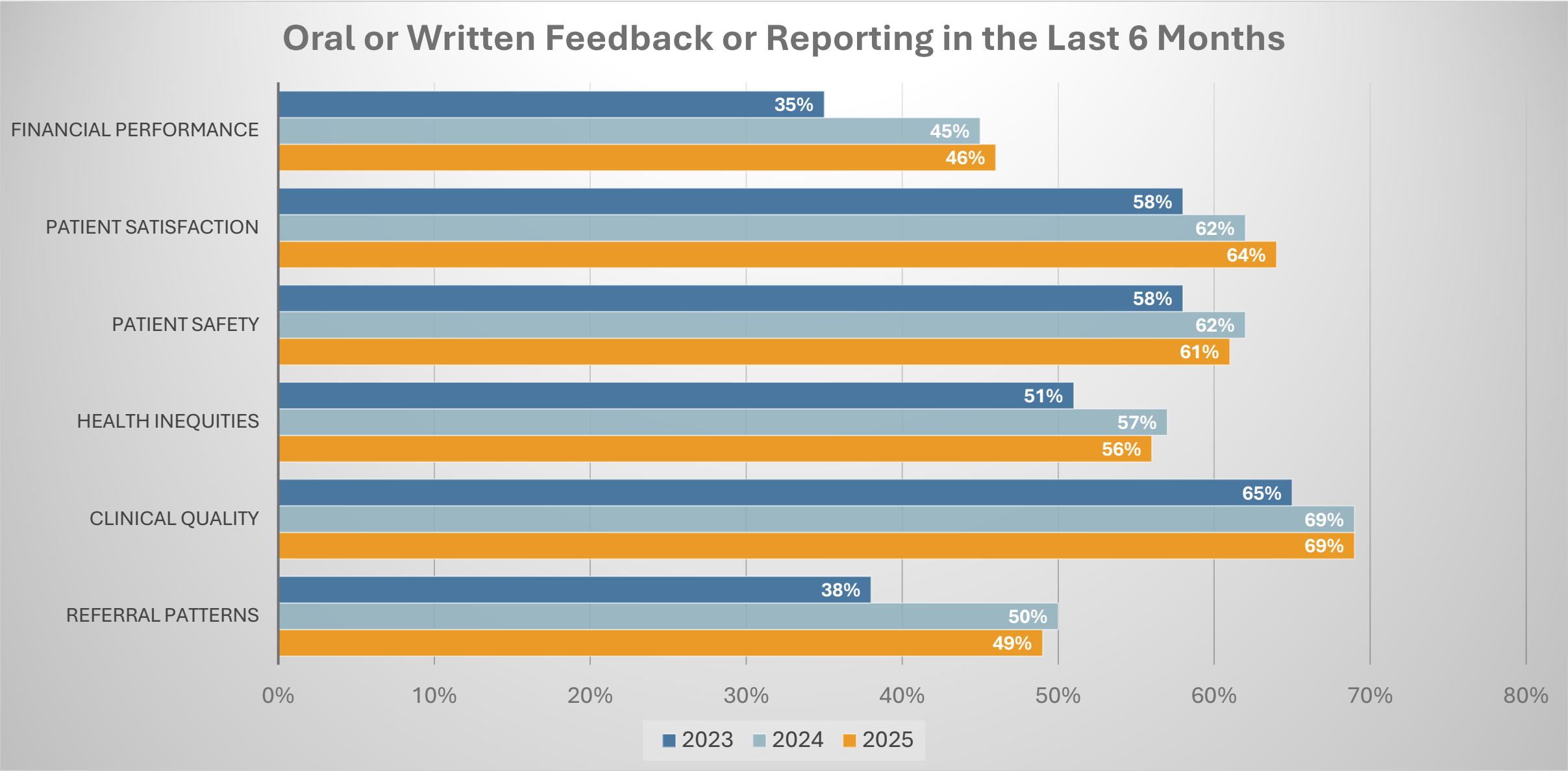
Clinic and Panel Metrics for PGY2+ Residents –

Most measures improved



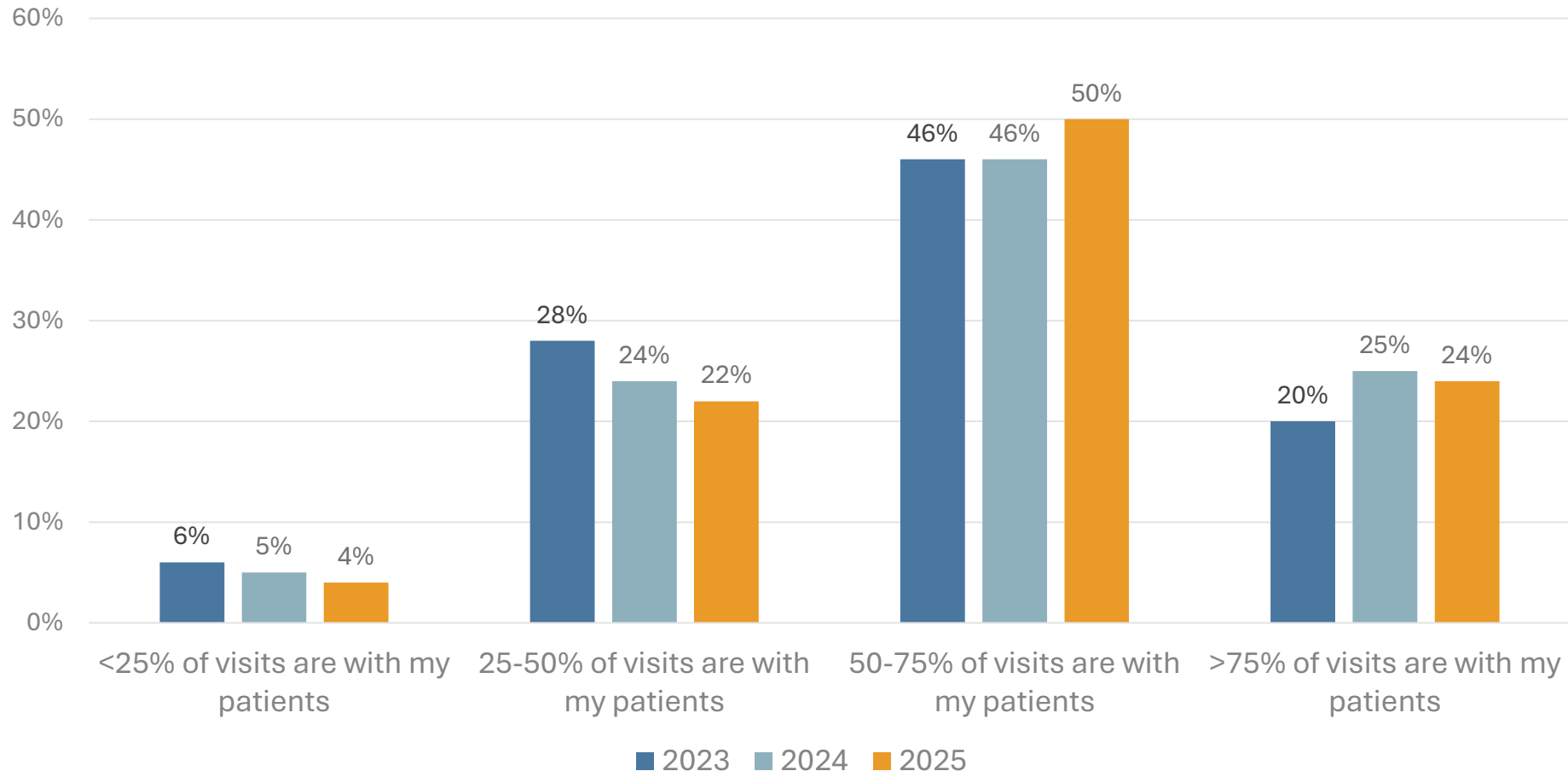
Clinic and Panel Metrics for PGY2+ Residents –

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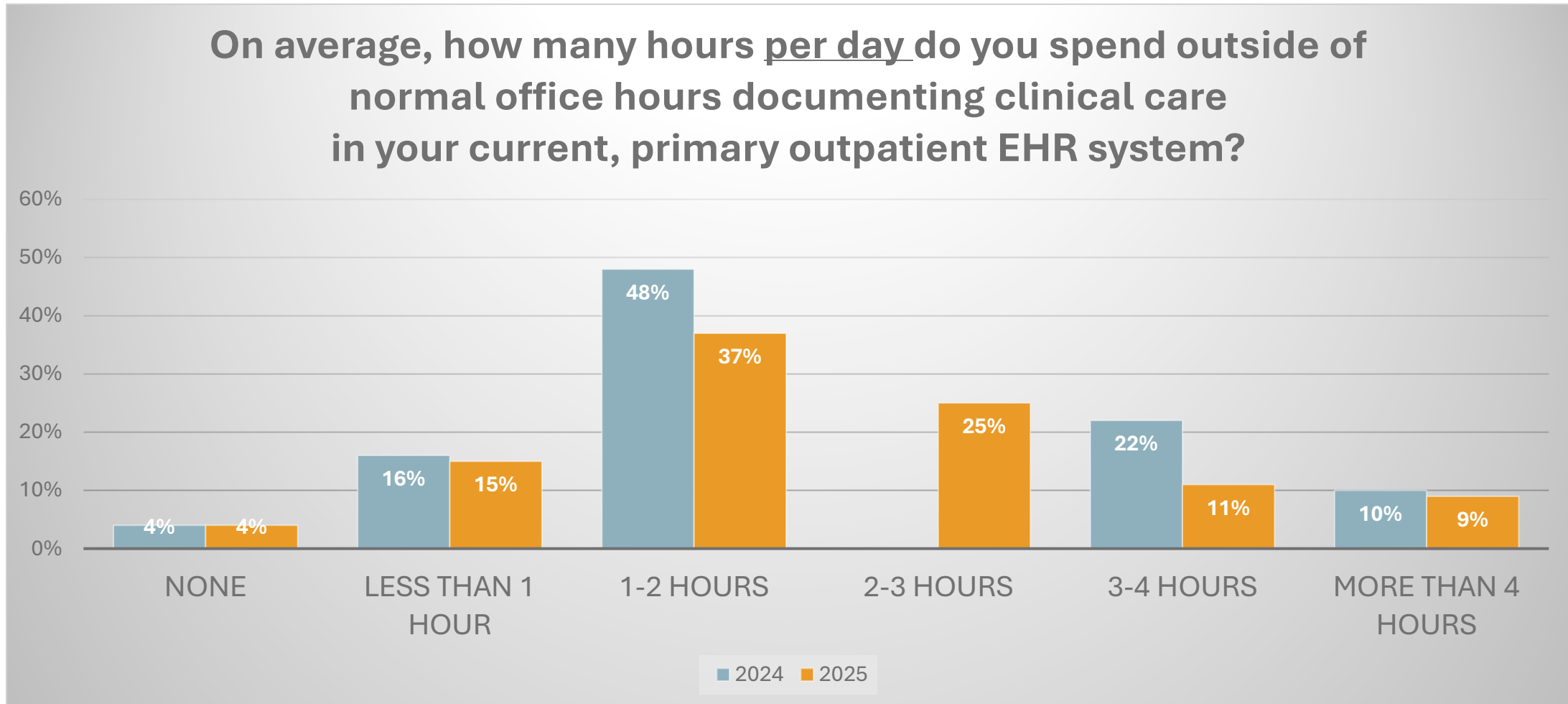
Resident Reported Patient Continuity Trends

In a typical half day of clinic, what percentage of the patients that you see are patients assigned to your panel?



A majority of residents report high levels of continuity with their patients

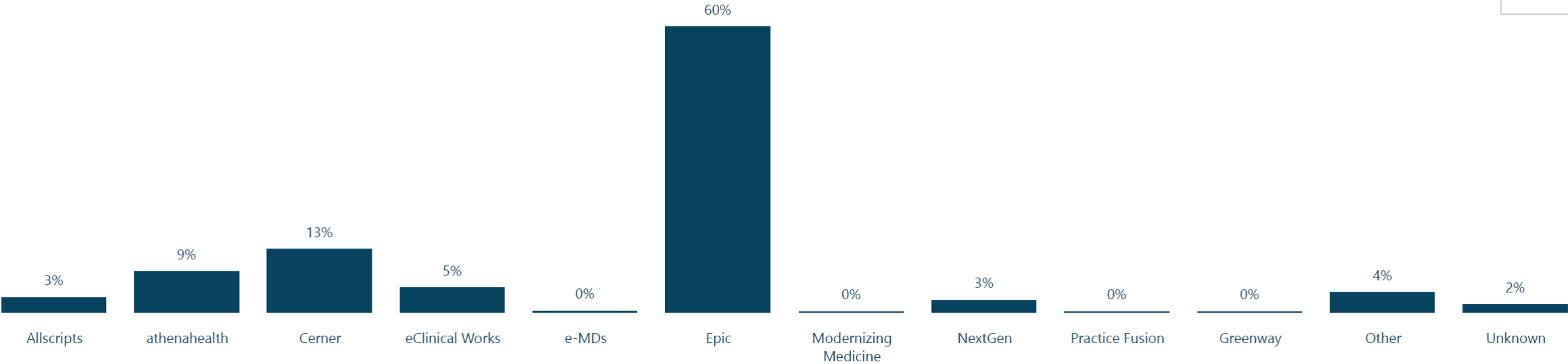
Too Much Pajama Time!



Electronic Health Records

What is the name of your current PRIMARY, outpatient EHR system?

Response Count
9900



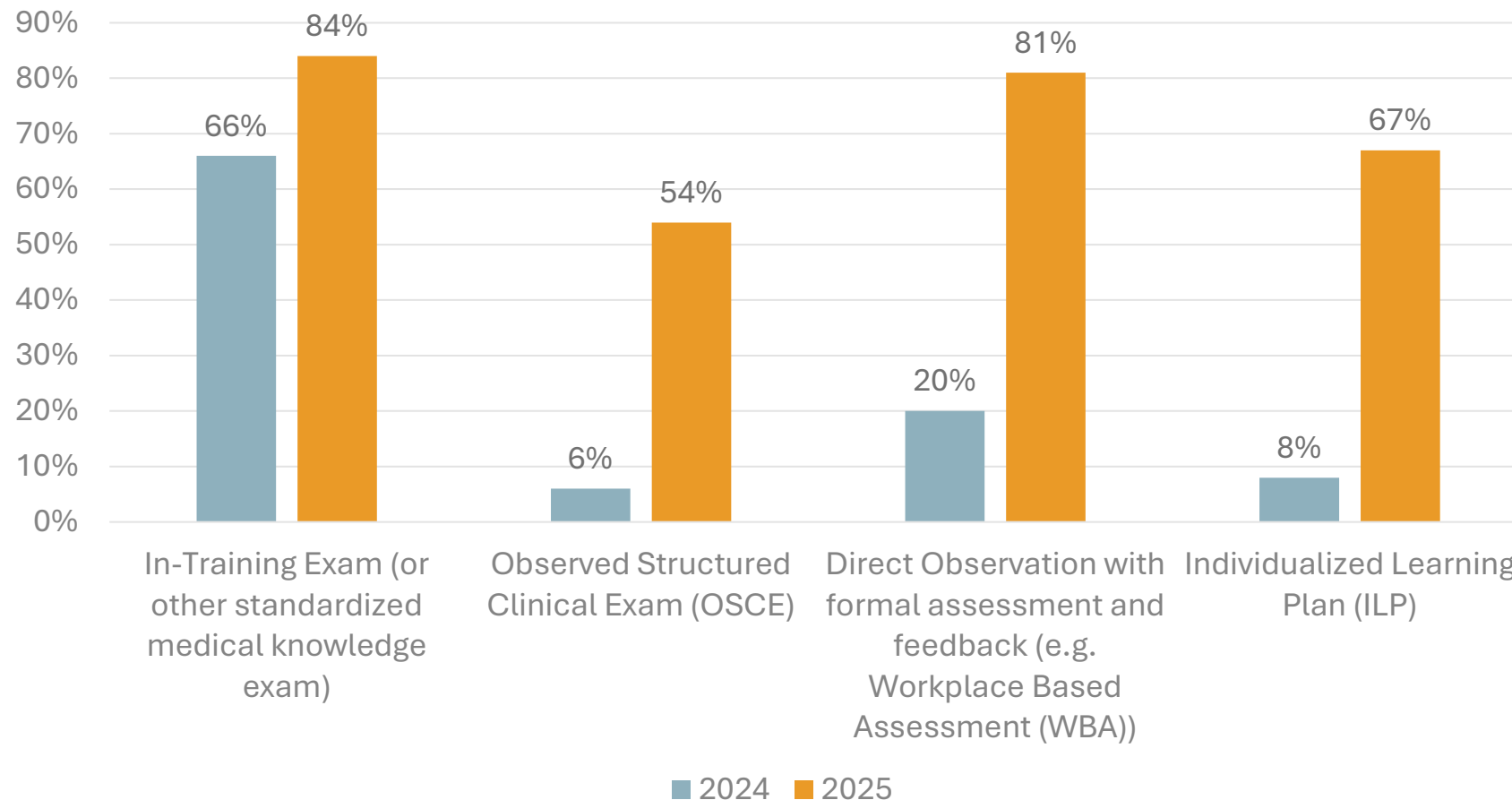
Epic continues to be the dominant EHR in Residencies

CBME and Resident Assessment



Resident Baseline Assessment Trends

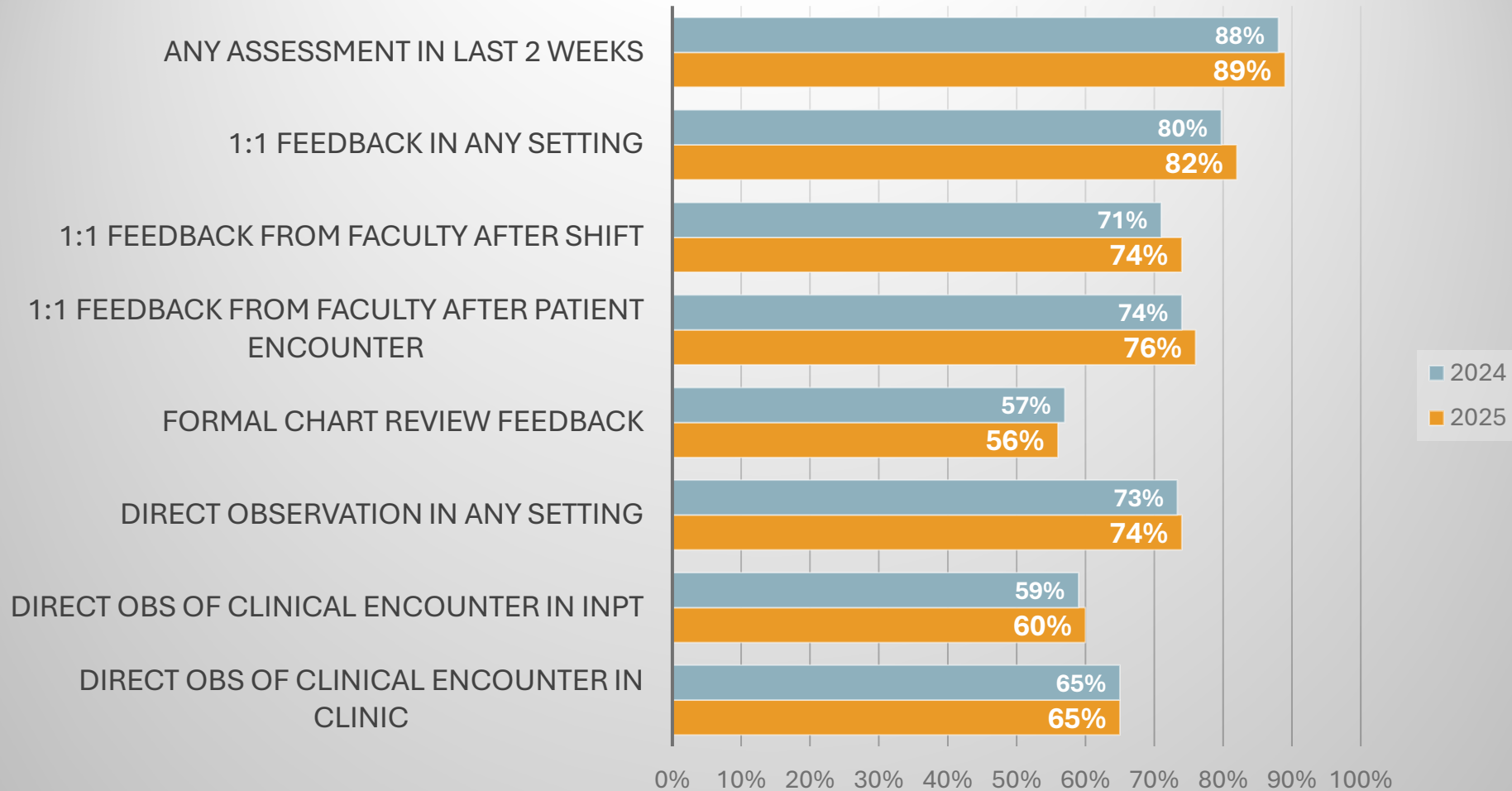
During your first 3 months of residency, did you receive instruction or assessment in:



Most residents report having baseline ITE, direct observation, and an ILP in the first 3 months. A significant increase from 2024

Resident Assessments – Frequent Assessment and Feedback (PGY2+ Residents)

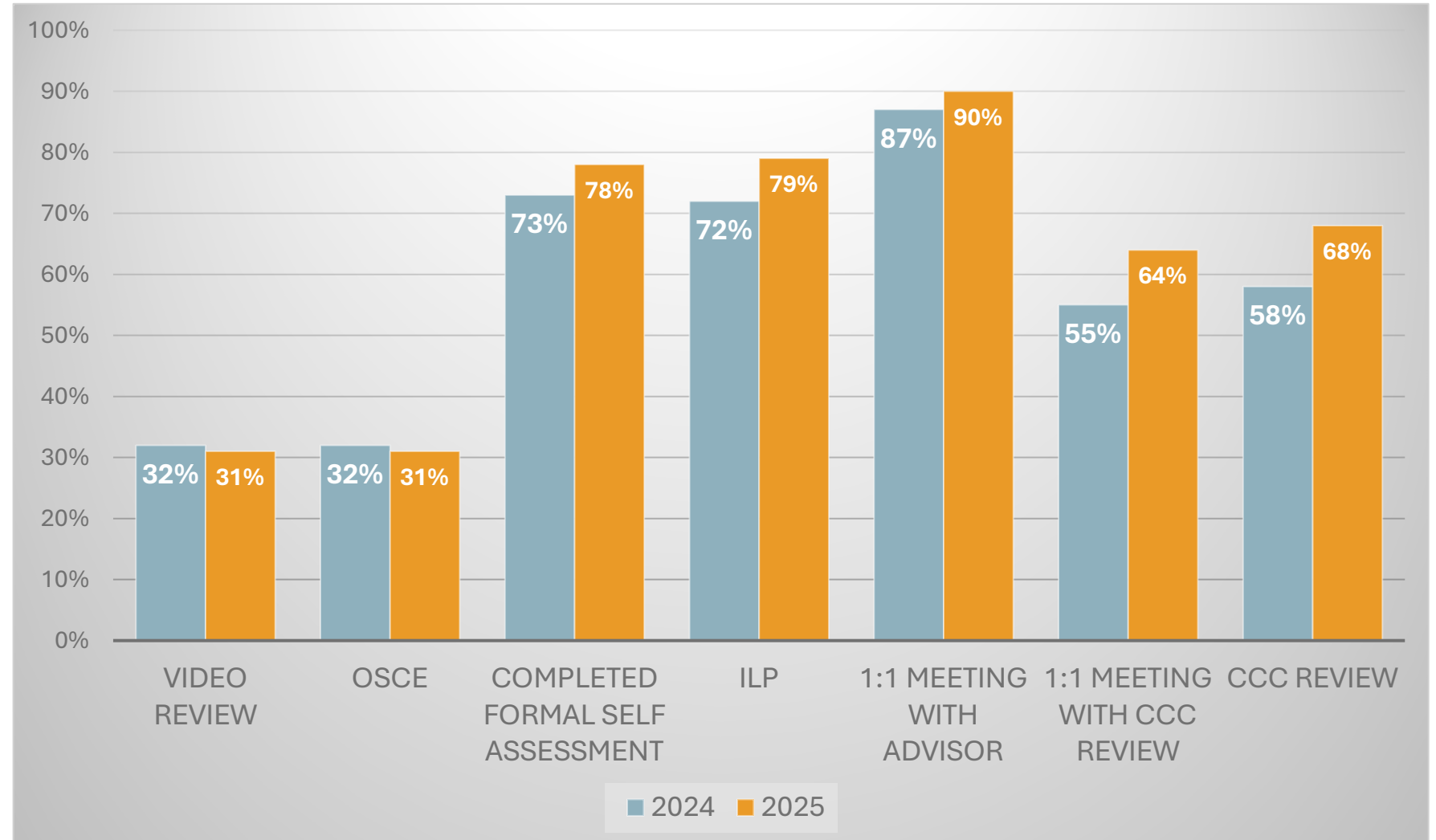
Assessments in Last 2 Weeks



A quarter of residents report not being directly observed seeing patients and 18% report not receiving feedback from a faculty member in the last 2 weeks.

Formal Resident Assessments in Last 6 Months (PGY2+ Residents)

- Most measures improved from 2024 to 2025
- Only 64-68% of PGY2+ FM residents report receiving CCC reviews
- 79% of PGY2+ FM Resident report having an ILP



The background image is a soft-focus photograph of a medical professional, likely a doctor, wearing a white lab coat. Their hands are clasped together and rest on a clipboard with a grid of data. The overall color palette is a light, cool blue, creating a calm and professional atmosphere.

Mental Health Core Outcome

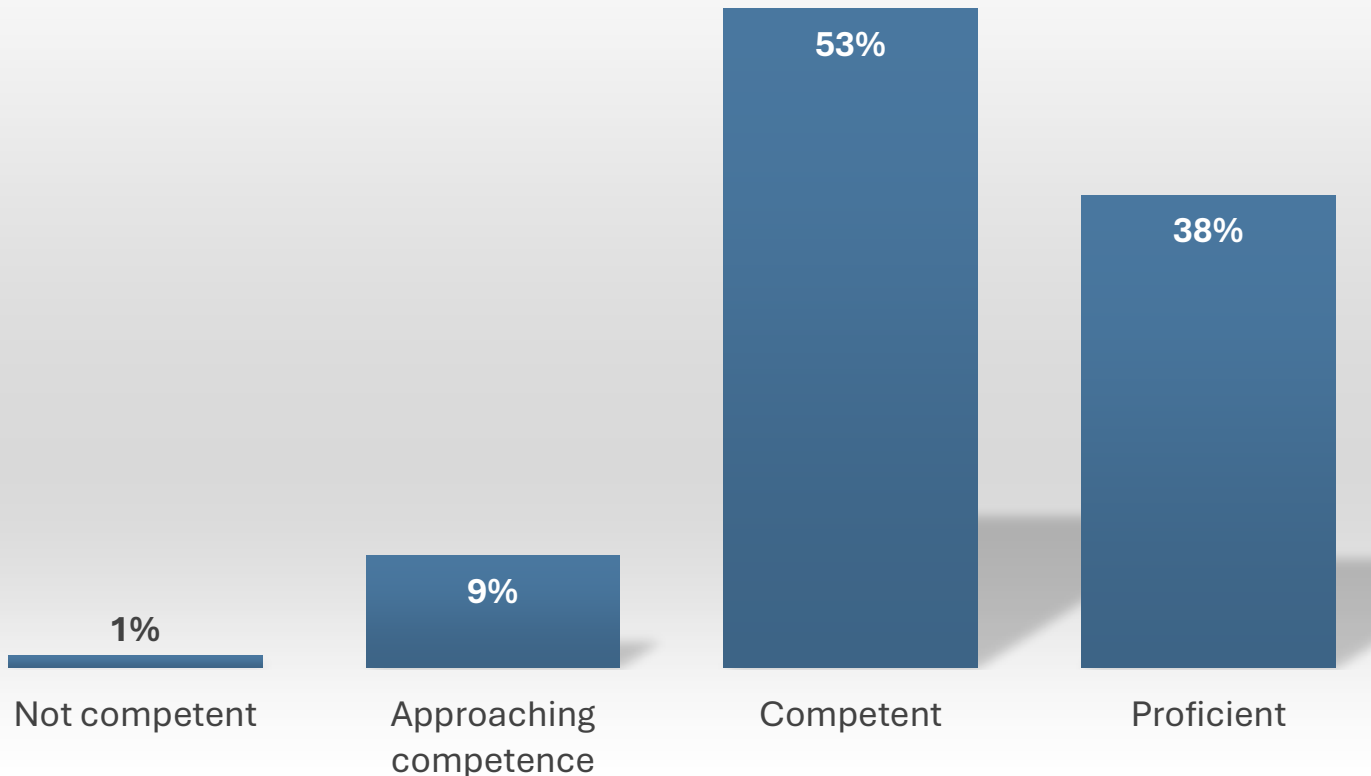
ABFM Mental Health Care Core Outcome

“Considering your expected growth by the end of residency, how would you rate your ability to provide **Diagnose and manage of common mental health problems in people of all ages** independently in practice at the completion of your residency?”

- Not competent
 - I do not feel competent to provide the care described
- Approaching competence
 - I can provide the care described with support from more senior physicians
- Competent
 - I can provide the care described in a supportive environment with other physicians to consult
- Proficient
 - I can provide this care independently in an environment where I am the only physician providing this care

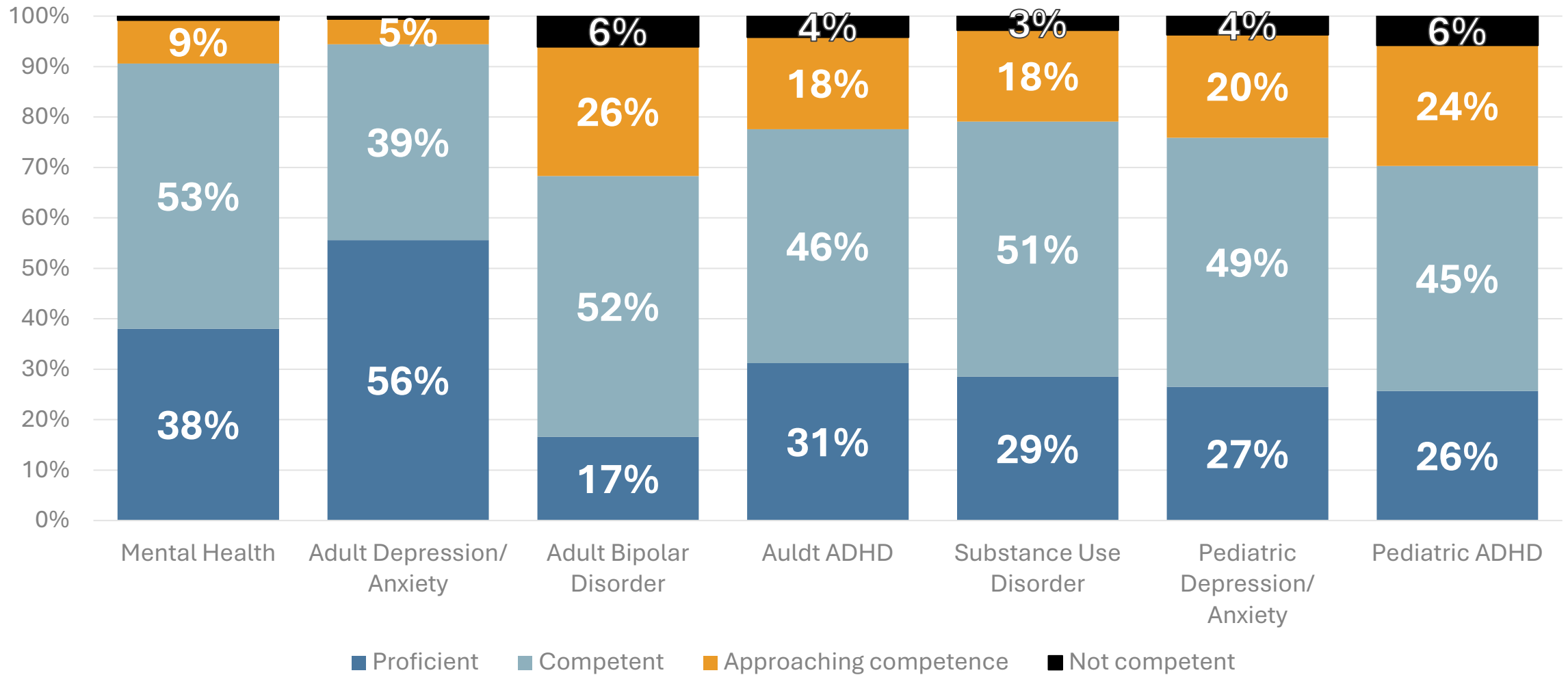
Mental Health Care Core Outcome PGY3+ Resident Self Assessment

How would you rate your ability to diagnose and manage common mental health conditions independently?



- 38% of PGY3+ residents self-assess as proficient to diagnose and manage common mental health conditions
- 10% of PGY3+ residents do not self-assess as reaching competence in this core outcome by graduation

Behavioral Health Core Outcome PGY3+ Resident Self Assessment

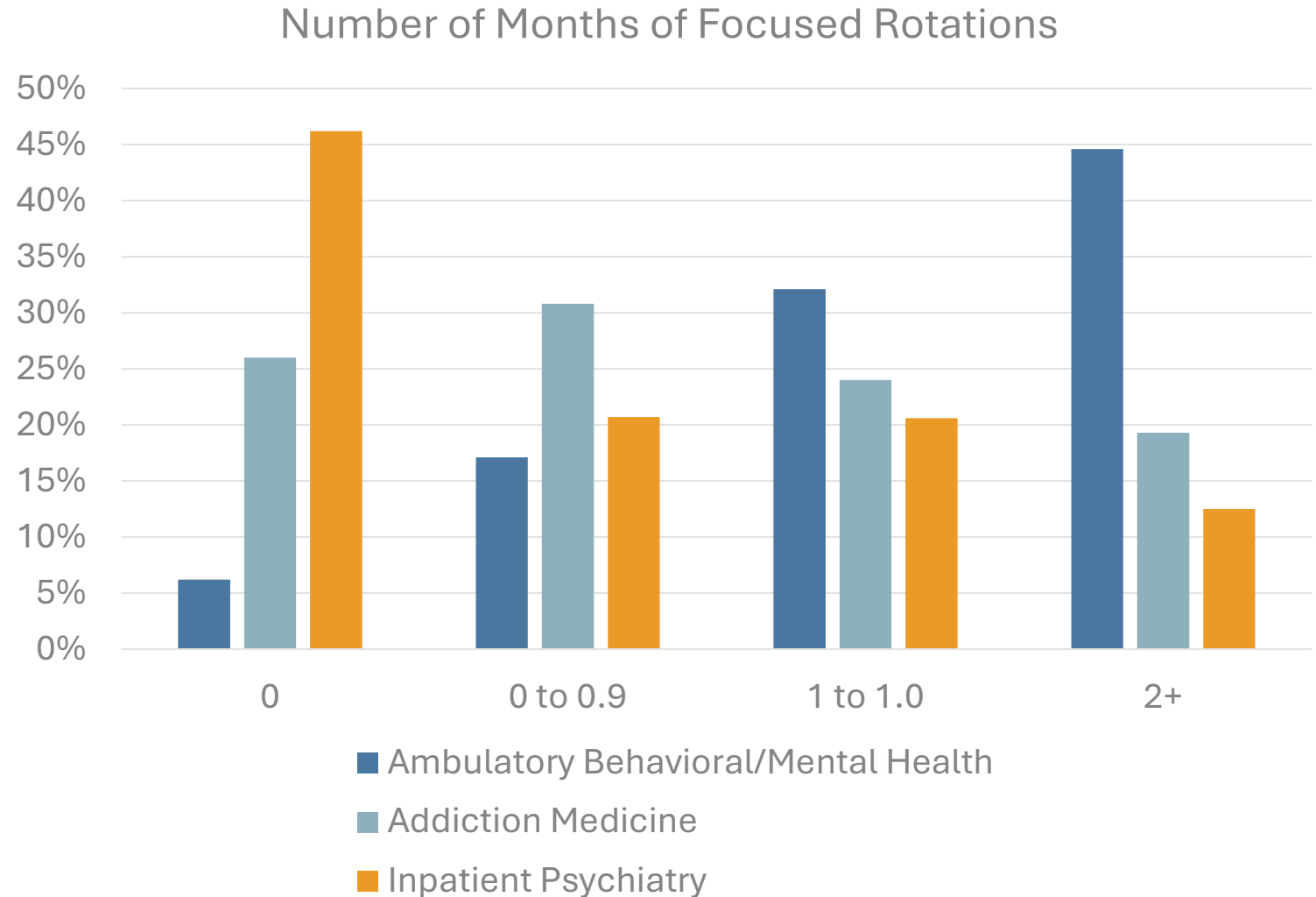


Curricular Time in Mental and Behavioral Health Reported by Residents

84% of R3 residents report being supervised by a behavioral health faculty member

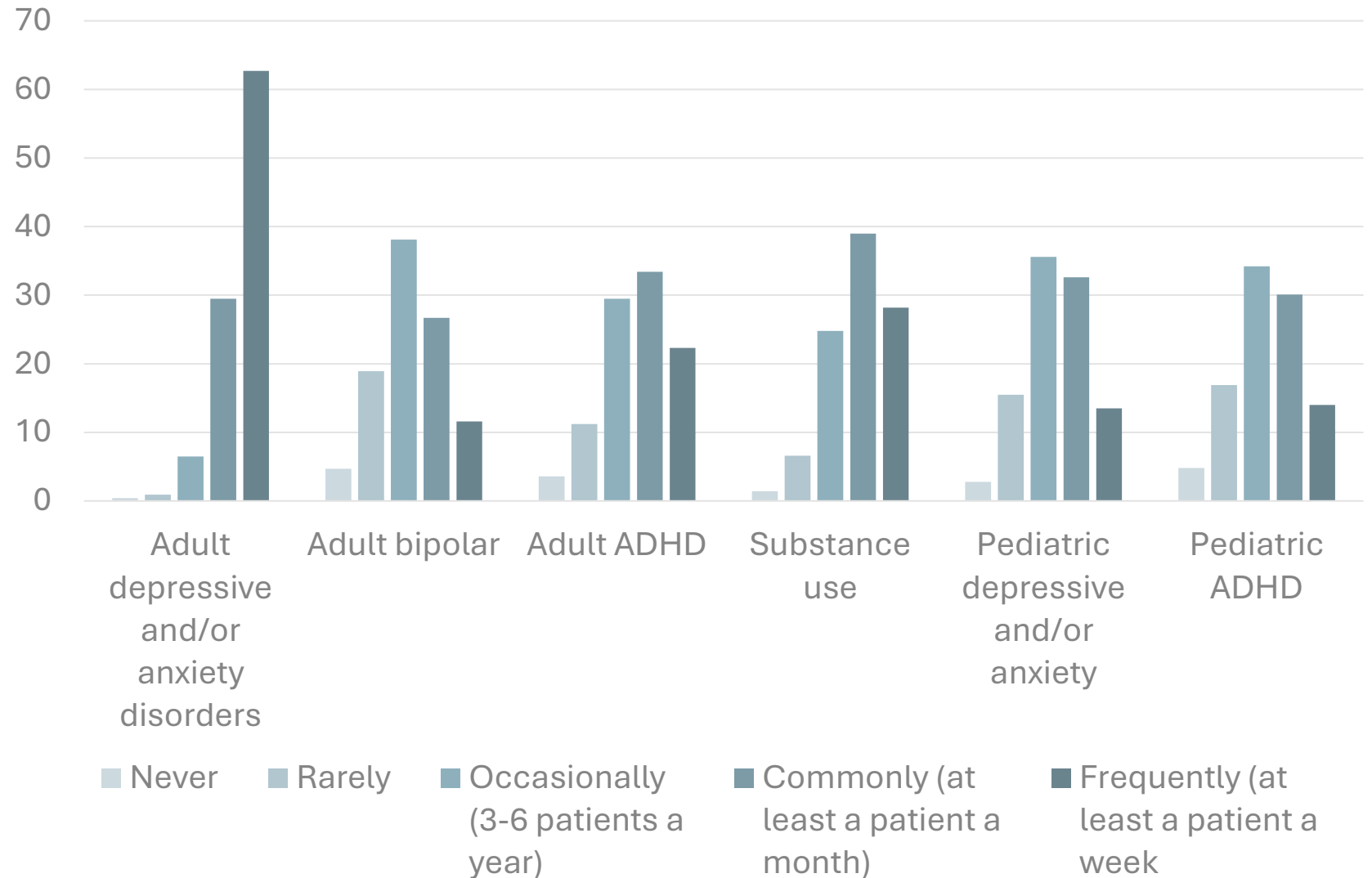
Mode rotational curricular time:

- Ambulatory: 1-2 months
- Addiction: 0-1 month (but not none)
- No inpatient psychiatry



Continuity Clinic Exposure to Patients with Mental Health Conditions

Over half of residents report seeing adults with depression or anxiety at least weekly, and adults with ADHD or substance use at least monthly.



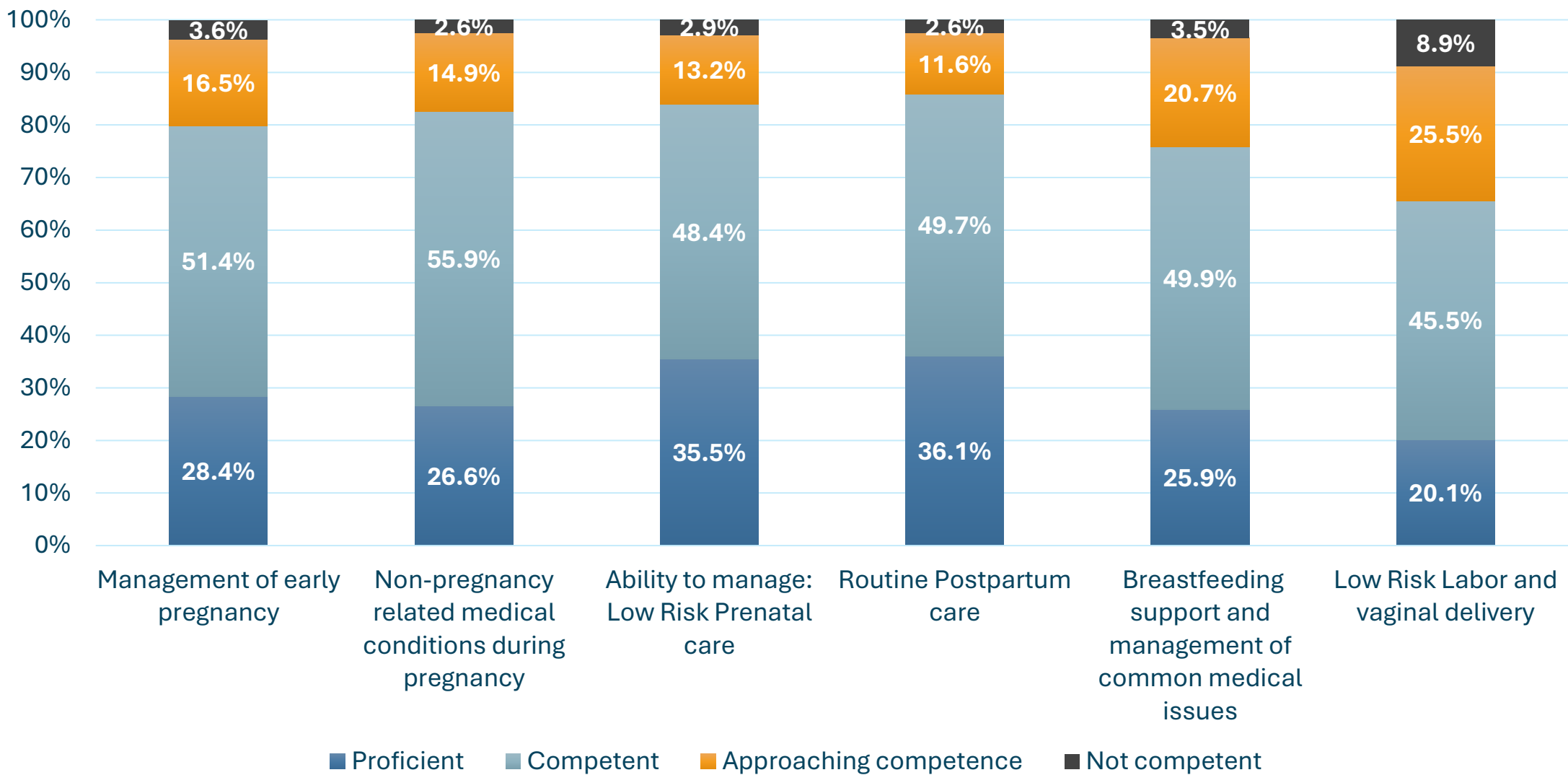
Pregnancy Care Core Outcome



ABFM Pregnancy Care Core Outcome

- “Considering your expected growth by the end of residency, how would you rate your ability to diagnose and manage each of the conditions below independently in practice at the completion of your residency?”
- Not competent
 - I do not feel competent to provide the care described
- Approaching competence
 - I can provide the care described with support from more senior physicians
- Competent
 - I can provide the care described in a supportive environment with other physicians to consult
- Proficient
 - I can provide this care independently in an environment where I am the only physician providing this care

Pregnancy Care Core Outcome PGY3+ Resident Self Assessment

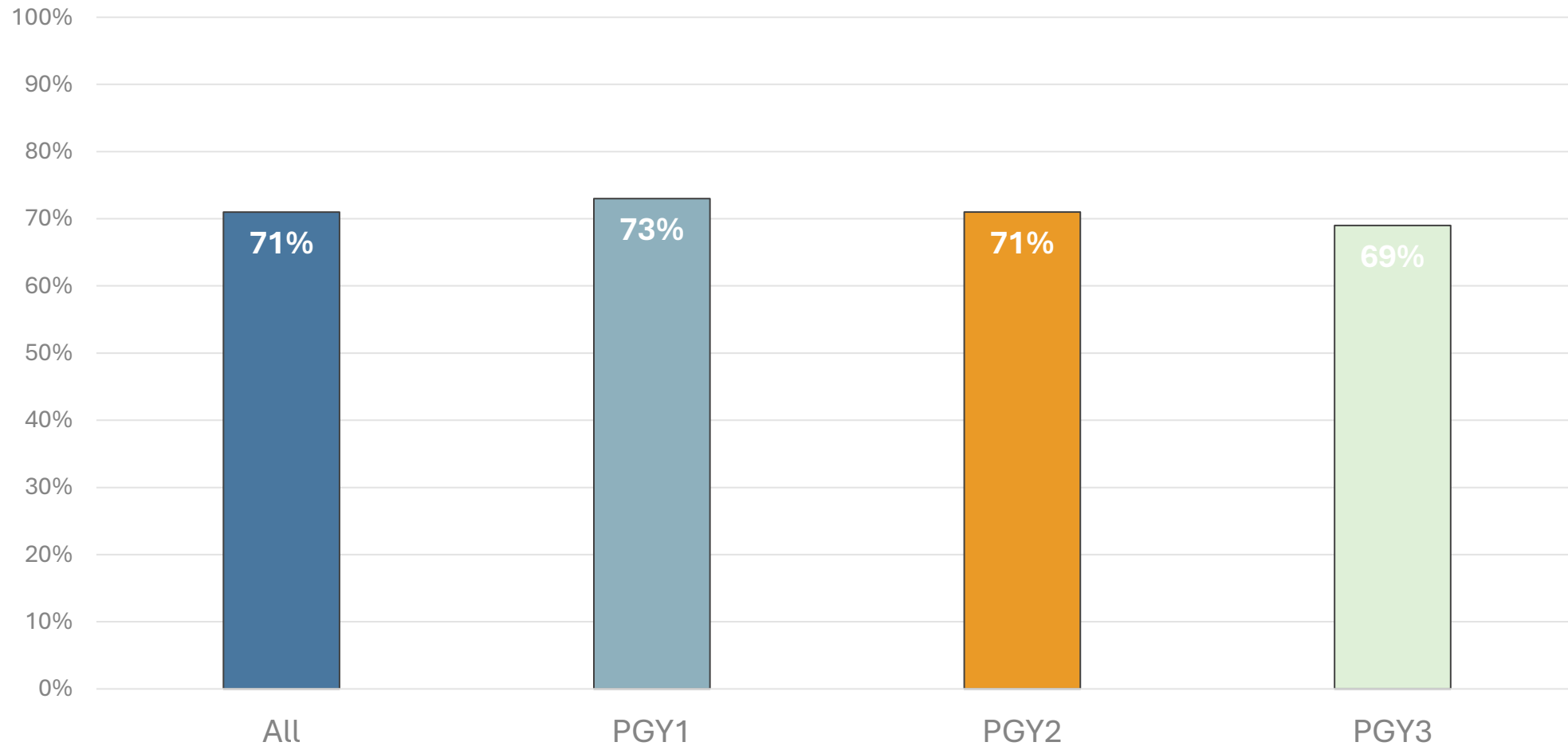


Artificial Intelligence Use by Family Medicine Residents



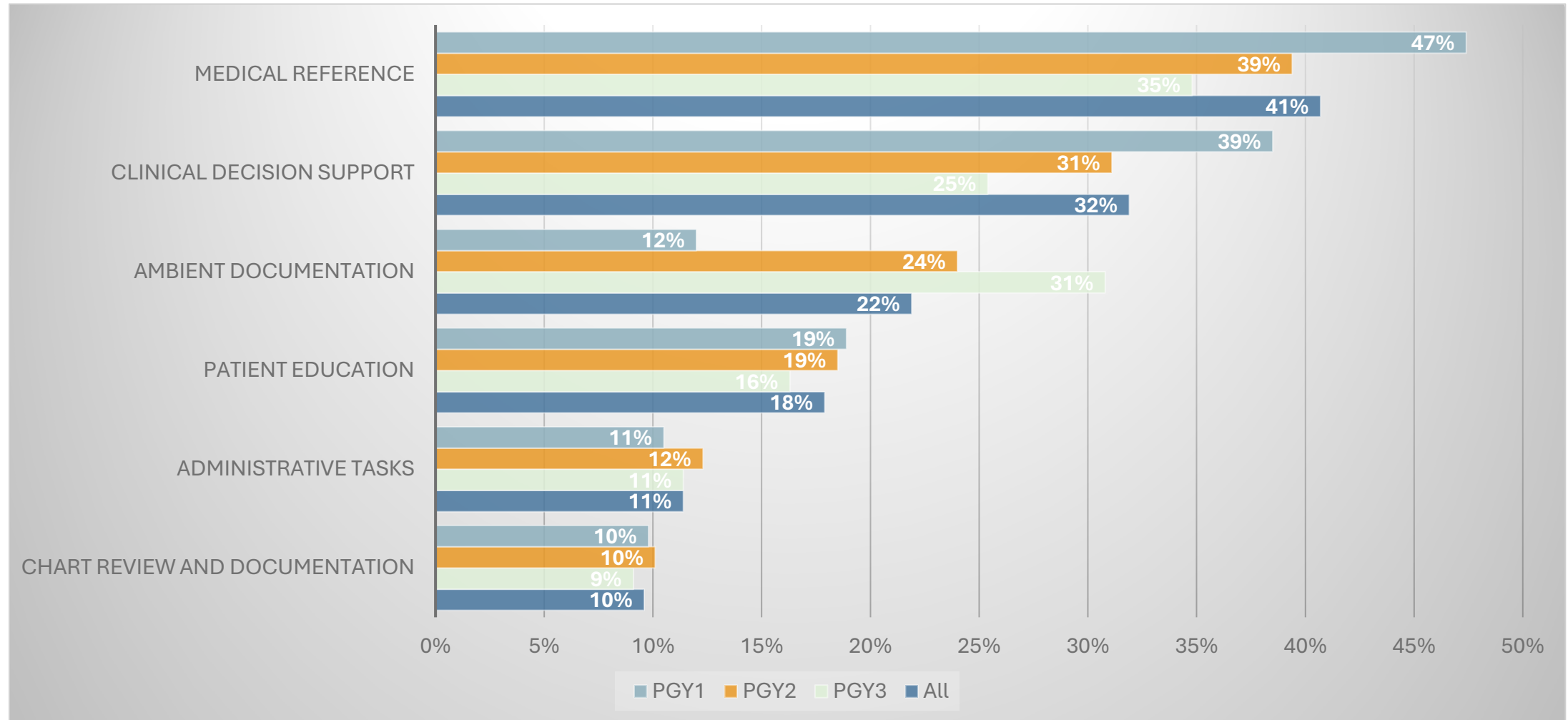
Barr WB, Peterson LE, Owens S, Lin S, Bazemore A. Artificial Intelligence Use and Training in Residency: Results of a National Family Medicine Survey. Family Medicine 2026 (Accepted – in press)

Most Residents Use AI



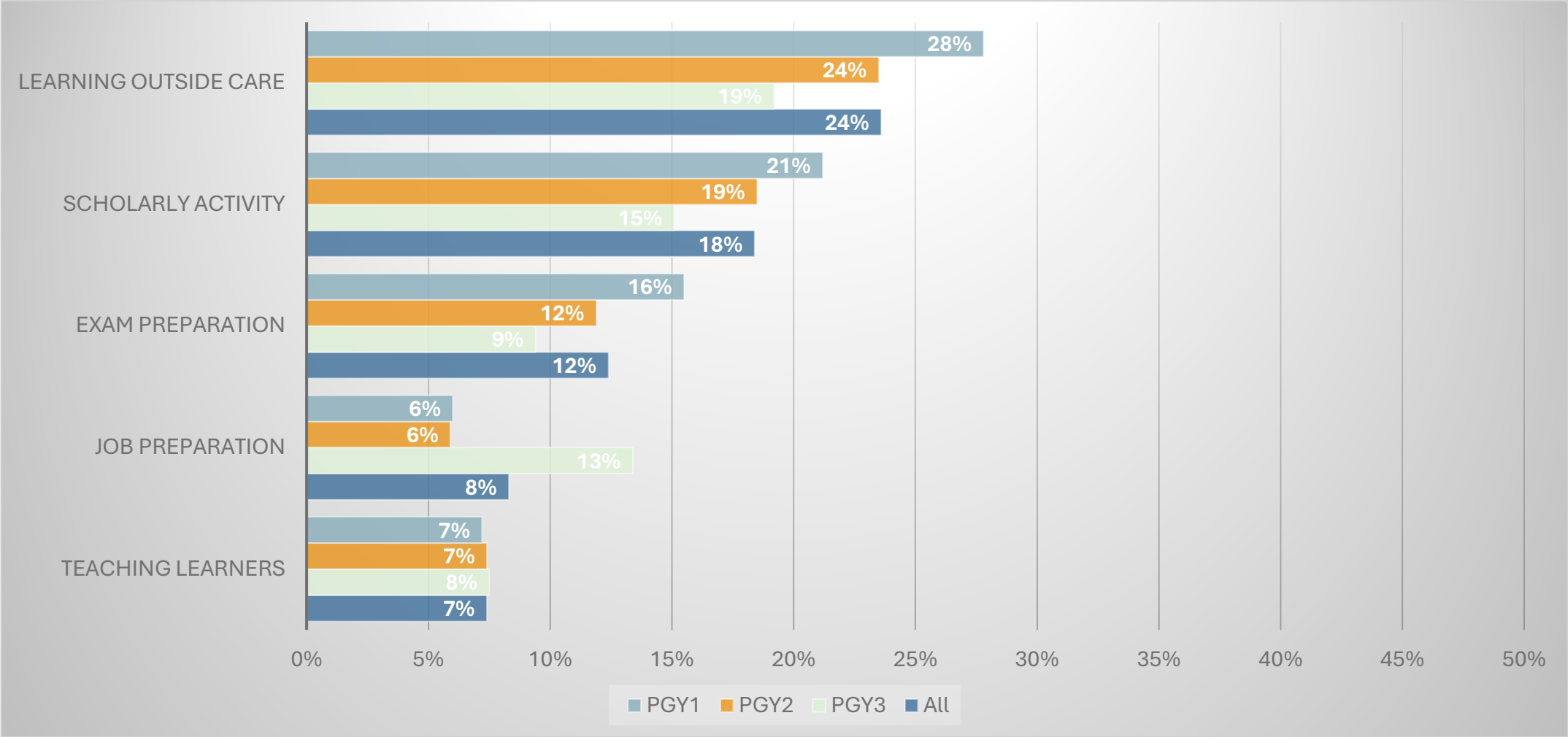
Barr WB, Peterson LE, Owens S, Lin S, Bazemore A. Artificial Intelligence Use and Training in Residency: Results of a National Family Medicine Survey. Family Medicine 2026 (Accepted – in press)

Resident Clinical AI Use by Residency Level



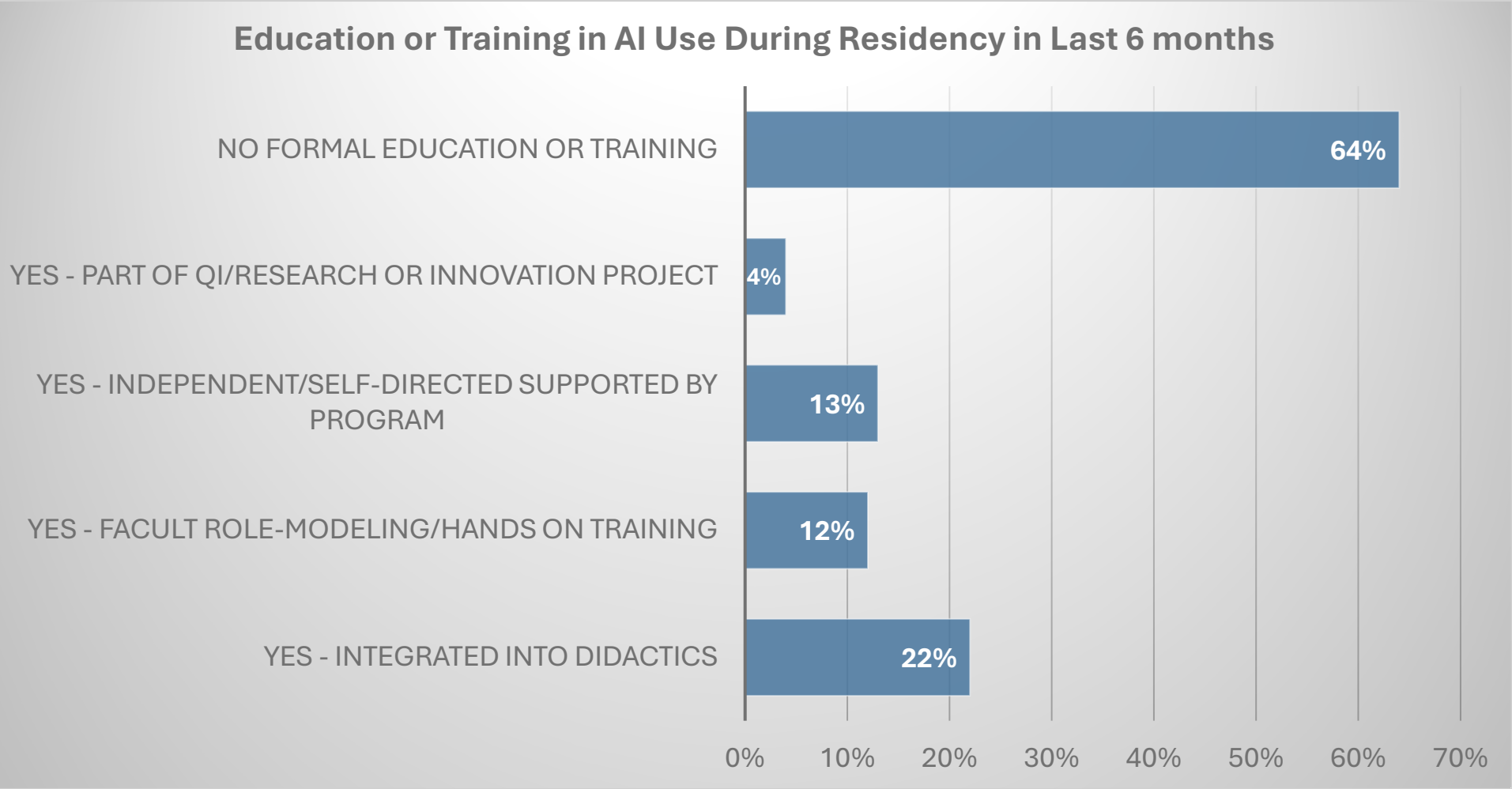
Barr WB, Peterson LE, Owens S, Lin S, Bazemore A. Artificial Intelligence Use and Training in Residency: Results of a National Family Medicine Survey. Family Medicine 2026 (Accepted – in press)

Resident Academic AI Use by Residency Level



Barr WB, Peterson LE, Owens S, Lin S, Bazemore A. Artificial Intelligence Use and Training in Residency: Results of a National Family Medicine Survey. Family Medicine 2026 (Accepted – in press)

Education About AI Use During Residency



AI Tools Use by Residents

