

Self-Assessment and Lifelong Learning



The purpose of the Self-Assessment and Lifelong Learning component of Family Medicine Certification is to help you identify your knowledge gaps and enhance your clinical knowledge and skills to provide high quality patient care.

Options for completing your Knowledge Self-Assessment Activity (KSA) requirement include topic-focused single activities or questions covering a broad range of family medicine competencies delivered on a quarterly basis.

For each completed Self-Assessment activity, you earn certification points and CME credits toward each of your 3-Year Stage requirements. You may utilize as many ABFM developed KSA activities as you wish, for no additional cost beyond your annual certification fees, once you have met the minimum certification point requirement for every stage.

Self-Assessment Activities

- **Knowledge Self-Assessment Activity (KSA)**
10 Points | 8 CME Credit

A 60-question assessment focused on a particular clinical domain. Each domain consists of core competencies to master. To successfully complete the assessment, you must answer 80% of the total questions correctly and you can retake the assessment until you are successful. You can review a critique and reference for each incorrectly answered question before inputting new answers.

- **Continuous Knowledge Self-Assessment Activity (CKSA)**
2.5 Points Per Quarter | 2.5 CME Credit

The CKSA is an assessment intended for periodic participation over time covering a broad base of topics. The CKSA delivers a set of 25 questions each quarter. There is no minimum passing standard for this activity, and you will receive a performance report after completing your first quarter, which will help identify areas for future study and help predict how you will do on the Family Medicine Certification examination.

- **Alternative Self-Assessment Activities**
Points and CME Credit Vary By Activity

Alternative activities are available and count toward your Family Medicine Certification points; however these activities do not count toward the minimum KSA requirement and may also include an additional cost to participate.

Certification Requirement



Each 3-Year Stage Requirement – Earn 10 Points

- Complete a minimum of 1 (KSA) OR
- 4 Quarters of CKSA

Self-Assessment Activity Options

Knowledge Self-Assessment Activity (KSA)

POINTS	CME	TOPIC
10	8	Asthma
10	8	Care of Children
10	8	Care of the Vulnerable Elderly
10	8	Cerebrovascular Disease
10	8	Depression
10	8	Diabetes
10	8	Health Behavior
10	8	Heart Disease
10	8	Hospital Medicine
10	8	Hypertension
10	8	Maternity Care
10	8	Mental Health in the Community
10	8	Pain Management
10	8	Palliative Care
10	8	Preventive Care
10	8	Women's Health

Alternative Self-Assessment Activity

POINTS	CME	TOPIC
5	*	Faculty Development (IHI)
15	*	Quality Improvement (IHI)
15	*	Patient Safety (IHI)
10	*	Approved ABMS Member Board SA Activity
TBD	TBD	Health Equity – Coming Soon

**CME Provided by Sponsoring Organization*

Coming Soon!

The following KSA activities are currently in the process of being updated, combined with another KSA activity, or in development.

- Asthma
- Care of Hospitalized Patients
- Care of Older Adults
- Care of Women
- Diabetes
- Health Counseling and Preventive Care
- Mental Health Care
- Pain Management



**American Board
of Family Medicine**

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