

# What's New with ABFM Certification?



If it's been a while since you last visited our MyABFM Portfolio, we would like to update you on some of the changes that have been made related to family medicine certification activities.

## ► New and Revised Knowledge

### Self-Assessments (KSAs) Available 10 Points | 8 CME

Our new KSAs are designed with only single best-answer questions – no more multiple true-false questions! Additionally, there is a new, more user-friendly platform, and all item critiques have been updated, including new references. Now, rather than having to get 80% of items correct in each content category, you only need to achieve 80% correct overall, and will have unlimited attempts to do so. Critiques and references for each item will be available to you in Review Mode, which you will have access to after you initially complete the 60 items. This may help you when you re-submit new answers for those that were initially incorrect.

## ► National Journal Club Self-Assessment Activity 1 Point | 1 CME per article

Reviewed and selected by a national committee of family medicine experts, this activity features 50+ curated articles that have been evaluated and ranked according to relevancy, methodological rigor, and impact on family medicine practice. Available at no extra charge, the articles cover a breadth of Family Medicine topics, allowing you to find content that is relevant to your practice. For each article that you read and correctly answer four questions, you will receive one (1) certification point and one (1) CME credit. Completing 10 articles allows you to fulfill your KSA requirement for your stage.

## ► Continuous Knowledge Self-Assessment (CKSA) Activity 2.5 Points | 2.5 CME

The CKSA is an assessment intended for periodic participation over time covering a broad base of topics. The CKSA delivers a set of 25 questions each quarter. There is no minimum passing standard for this activity, and you will receive a performance report after completing your first quarter, which will help identify areas for future study and help predict how you will do on the Family Medicine Certification Exam.

## ► New Performance Improvement Activities 20 Points | CME Varies by Activity

Over the last 36 months, ABFM has developed 15 new PI activities that cover a broad range of topics, providing a choice for family physicians of all practice types. We want to support you by giving certification credit for improvements that you are already making in your practice. If you have been involved in these types of efforts, please look for the **Self-Directed PI activity** in your MyABFM Portfolio. Also highly relevant to your practice and very popular is the **COVID-19 Self Directed Clinical PI activity**. Tell us how you changed the way you care for your patients as a result of the COVID-19 pandemic. Whether it was PPE, telehealth, triage and testing, or providing immunizations, these changes all reflect improvements that you made in your practice. Similarly, we have a new **Health Equity PI activity** that you may use to report on any changes you have made in an effort to reduce health disparities and to provide a more inclusive practice for patients you serve.



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ABFM also continues to accept several organizational **Recognitions/Certifications** for your PI credit. Visit <https://bit.ly/36qrt9S>, contact the **Support Center** at **877-223-7437**, or email us at [help@theabfm.org](mailto:help@theabfm.org) for a complete list.

# Strategies to Help You Meet Your Certification Requirements

To help you get started, we are providing you some examples of how you can mix and match different activities to meet your requirements. If you see patients in any capacity, you qualify as clinically active. If you no longer see patients for any reason, you qualify as clinically inactive and are not expected to meet the PI requirement. See corresponding options below:

## OPTION 1: If You're Clinically ACTIVE

Complete One (1) Performance Improvement Activity	20 Points
Complete Three (3) Knowledge Self-Assessment Activities	+30 Points
<b>TOTAL</b>	<b>50 points</b>

—OR—

Complete Two (2) Performance Improvement Activities	40 Points
Complete One (1) Knowledge Self-Assessment	+10 Points
<b>TOTAL</b>	<b>50 points</b>

—OR—

Complete One (1) Performance Improvement Activity	20 Points
Complete Two (2) Knowledge Self-Assessment Assessments	+20 Points
Complete Ten (10) National Journal Club Articles	+10 Points
<b>TOTAL</b>	<b>50 points</b>

## OPTION 2: If You're Clinically INACTIVE

Complete Five (5) Knowledge Self-Assessment Activities	50 Points
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—OR—

Complete Ten (10) National Journal Club Articles	10 Points
Complete Four (4) Knowledge Self-Assessment Activities	+40 Points
<b>TOTAL</b>	<b>50 points</b>

## OPTION 3: Choose Your Own Pathway

If you prefer to select your own certification activities, simply log-in to your MyABFM Portfolio at [www.portfolio.theabfm.org](http://www.portfolio.theabfm.org), browse and select.

We have listed some of our most popular options to get you started.

### Knowledge Self-Assessments

- Asthma
- Behavioral Health Care
- Care of Children
- Care of Hospitalized Patients
- Care of Older Adults
- Diabetes
- Health Counseling and Preventative Care
- Heart Disease
- Hypertension
- Palliative Care
- Care of Women (available April 2022)

### ABFM Directed Performance Improvement Activities

- COVID-19
- Self-Directed Clinical
- Diabetes
- Cardiovascular
- Hypertension
- Acute Care
- Behavioral Health
- Chronic Care
- Preventative Care
- Emergency Department/ Urgent Care
- Health Disparities/Equity Self-Directed Clinical



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