



At-A-Glance

Designed to help family physicians identify gaps in knowledge through regular participation in self-assessment activities, this component of certification enhances medical skills by reviewing the most up to date clinical content.

There are four categories of self-assessment activities to choose from to help you meet certification requirements.

■ Knowledge Self-Assessment

10 Points | 8 CME

The Knowledge Self-Assessment activity is focused on evaluating and enhancing your knowledge base in a particular topic area common to family medicine. To successfully complete the assessment, you will need to answer 80% of the total questions correctly. After you answer each question, you will be given a critique that explains why the answer you chose was correct or incorrect, a set of references, and the option to comment on the question. After you submit answers for all 60 questions, you will enter review mode where you will have the opportunity to submit new answers to questions marked incorrect until you receive a passing score.

■ National Journal Club

1 Point | 1 CME (per article)

This service provides convenient access to the latest peer-reviewed articles and the ability to earn valuable certification points and CME that contribute to your stage requirements. Available at no additional charge, the National Journal Club features articles from numerous prominent medical journals. Choose from approximately 90-100 articles per year, which have been evaluated and ranked by a national committee of family medicine experts according to relevancy, methodological rigor, and impact on practice.

Select and read an article, reflect on what you read, and demonstrate mastery by correctly answering four assessment questions. There are unlimited opportunities to achieve a minimum passing score. If you have already completed your minimum certification activity requirement, you may still enjoy as many articles as you like through this free service.

■ Continuous Knowledge Self-Assessment

2.5 Points | 2.5 CME (per quarter)

The Continuous Knowledge Self-Assessment helps you identify knowledge gaps within the broad spectrum of family medicine. You will receive 25 questions per quarter through your MyABFM Portfolio or the ABFM CKSA Mobile App that can be completed whenever and wherever it is convenient for you.

After each question you will be given the correct answer, a critique that explains why other options were incorrect, a set of references, and the option to comment on the question. This information allows you to focus on subsequent CME in those areas.

Upon completion of 100 questions over four quarters, you will receive a performance report summarizing your results by the exam blueprint categories, establishing your probability of passing the exam, and analyzing how accurate your confidence was with regard to the correctness of your answer.

■ Alternative Self-Assessment Activities

If you're in need of additional points to complete your stage requirements, consider choosing an Alternative Activity. ABFM has partnered with many different organizations to offer a broad range of activities.

To participate in any of these activities, please visit your MyABFM Portfolio to select an activity that best fits your needs.

Self-Assessment Activity Options

Knowledge Self-Assessment (KSA) Activities

POINTS	CME	TOPIC
10	8	Asthma
10	8	Behavioral Health Care
10	8	Care of Children
10	8	Care of Hospitalized Patients
10	8	Care of Older Adults
10	8	Care of Women
10	8	Diabetes
10	8	Health Counseling and Preventive Care
10	8	Heart Disease
10	8	Hypertension
10	8	Musculoskeletal
10	8	Pain Medicine
10	8	Palliative Care
10	*	American Academy of Family Physicians: ALSO® Advanced Life Support in Obstetrics

Alternative Self-Assessment Activities

POINTS	CME	TOPIC
5	*	American Board of Pediatrics – Care of Children and Adolescents Self-Assessment: 6 Activities
10	*	Approved ABMS Member Board SA Activity
5	*	Faculty Development (IHI)
15	*	Patient Safety (IHI)
15	*	Quality Improvement (IHI)

** CME may be provided by Sponsoring Organization*

LLSA Activities

POINTS	CME	TOPIC
10	*	Emergency Medicine 2021

This activity requires a \$50 fee.

ABFM Support Center

Need help, we're just a phone call, chat, email or click away.

PHONE: 877-223-7437

FAX: 859-335-7516

EMAIL: help@theabfm.org

LIVE CHAT: www.theabfm.org –
Locate live chat at top of page

HOURS: Monday–Friday: 8 AM – 9 PM (Eastern)
Saturday: 9 AM – 5 PM (Eastern)

American Board of Family Medicine

1648 McGrathiana Pkwy, Suite 550 • Lexington, KY 40511
877-223-7437 • www.theabfm.org



Performance Improvement | August | 2024

